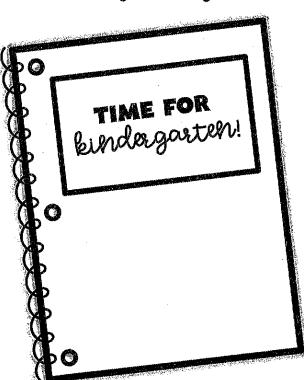
# your child off to a good start!

### IDEAS FROM THE TEACHER

The following list is included to help you give your child a good start before Kindergarten begins in the fall. If your child can accomplish most of the tasks on this list before school, we will be on the right track!

- 1. NAME WORK: Your child should know how to write their first name properly before school begins. (Please consult the attached sheet which will show you how to correctly guide this. Note that your child should not write with all capitals, but rather make only the first letter a capital followed by lower case letters.) Your child should also recognize their name and be able to read it in print.
- 2. COUNTING: Your child should practice counting by rote as high as he or she can. The children should at the very least be able to count to 10 before Kindergarten, but the higher the better!
- 3. NUMBERS: Be able to identify at least the numbers 1-10.
- 4. COLORS: Your child should know the 8 basic colors.
- 5. SHAPES: A student entering kindergarten should know the basic 2D shapes: circle, square, triangle, rectangle.
- 6. ALPHABET: Work on learning the names of the letters. Sing the alphabet song.
- 7. CUTTING: Your child should know how to use a scissors. Show them the proper way to hold and use the scissors. Then let your child cut.
- 8. GET ACTIVE: Encourage your child to be physically active. This means running, jumping, hopping, skipping, catching, and throwing. Their large motor skills continue to be developed.
- INSTRUCTIONS: Your child should be able to follow multi-step directions. "Please go get your shoes, put them on, and then go sit at the table."

- 10. MINIMIZE SCREEN USAGE: Don't let your child spend too much time in front of screens, which can hurt their brain development. Give them toys and let them be creative!
- 11. BATHROOM: Your child needs to be able to use the bathroom independently before Kindergarten. This means being capable of handling buttons, belts, etc... along with good hand-washing.
- 12. EAT INDEPENDENTLY: Teach them to open and close containers and wipe up messes.
- 13. SPEAKING: Encourage your child to speak clearly and in complete sentences. Correct mispronunciations and don't allow baby talk.
- 14. ATTENTION SPAN: Teach your child to be a quiet listener and help them learn how to focus on a specific task for 5-10 minutes.
- 15. WRITING: Give your child ample opportunity to use a pencil and crayons. Writing and coloring are important for developing and strengthening fine motor skills, which will make your child's work at school less tedious.
- 16. READ: Please read to your child everyday! The regular and repeated exposure to books will benefit them in countless ways.
- 17. KINDNESS: Work with your child on how we treat other people, such as using manners (please, thank you, excuse me), sharing, and being kind!

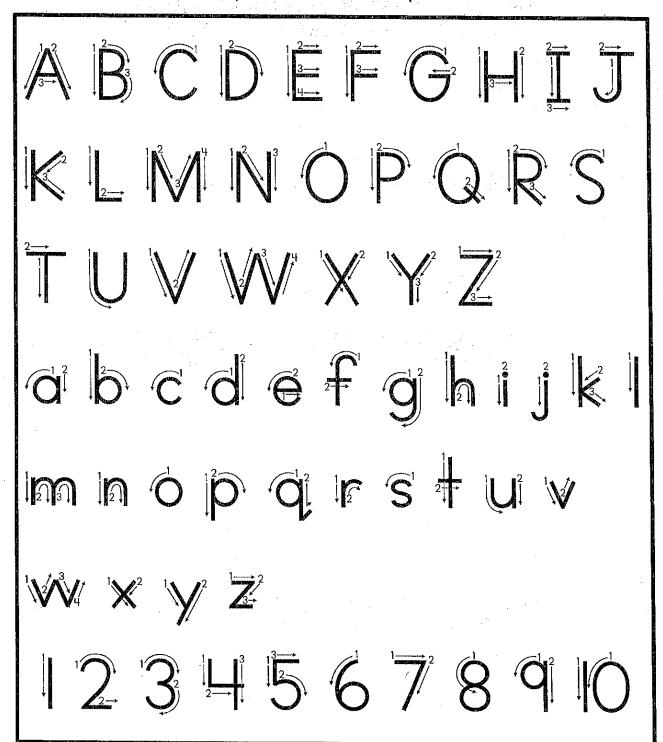


@AnaieFish

## HOW TO print

Here is some guidance on proper letter formation for those just learning to write letters.

Be sure to always start letters at the top, not the bottom.



### READINESS checklist for kindergarten

#### PERSONAL CARE

- ✓ Use the bathroom independently
- ✓ Practice good hygiene
- Dress independently (put on and zip coat, put shoes on and off, etc...)

#### SOCIAL-EMOTIONAL

- ✓ Interact in positive ways with classmates and adults
- ✓ Ask for help when needed
- √ Ability to separate from caregiver
- √ Handle emotions in appropriate ways

#### ACADEMIC

- ✓ Knowledge of books
- ✓ Awareness of letters (sing and say ABCs, identify letter names)
- ✓ Recognize name in print
- ✓ Know basic colors and shapes
- ✓ Count to 20
- ✓ Recognize numbers to 10
- ✓ Ability to sit and focus on a task for an appropriate amount of time
- √ Follow simple multi-step directions

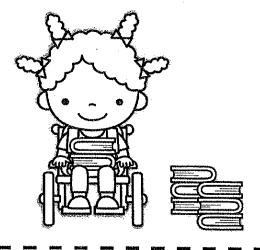
#### FINE MOTOR

- ✓ Hold and use a pencil
- ✓ Write first name
- ✓ Use art materials like crayons, markers, and playdoh
- ✓ Hold and use a scissors properly
- ✓ Use a glue stick

## READ, READ, READ Itsure pays off

### HERE'S WHY YOU SHOULD READ TO YOUR CHILD AS MUCH AS POSSIBLE:

- Bonding: Reading is a wonderful way to connect to your child!
- Listening Skills: Hearing a story read aloud involves some level of comprehension on your child's part. And comprehension is dependent on paying attention in other words, listening skills.
- Cognitive and Language Development: Researchers say that verbal interactions between parents and young kids promote higher language and IQ scores.
- Expanded Vocabulary: One 2019 study estimated that children who are regularly read to in the 5 years leading up to kindergarten are exposed to 1.4 million more words than children who aren't read to during those years.
- Attention Span: Reading to children helps them develop key concentration and self-discipline skills.
- Creativity: Books and stories open up a whole new world to children.
- Life Lessons: Books provide an opportunity to talk about real-world situations in ageappropriate ways.
- Social and Emotional Development: Reading to young children teaches them how to cope with difficult or stressful experiences. Reading stories about potentially emotional situations can help get a conversation going and show children their feelings are normal.
- Empathy: Books can help children develop a deeper understanding of others.
- Cultivating a Love of Reading: Children learn that reading is fun and not a chore!

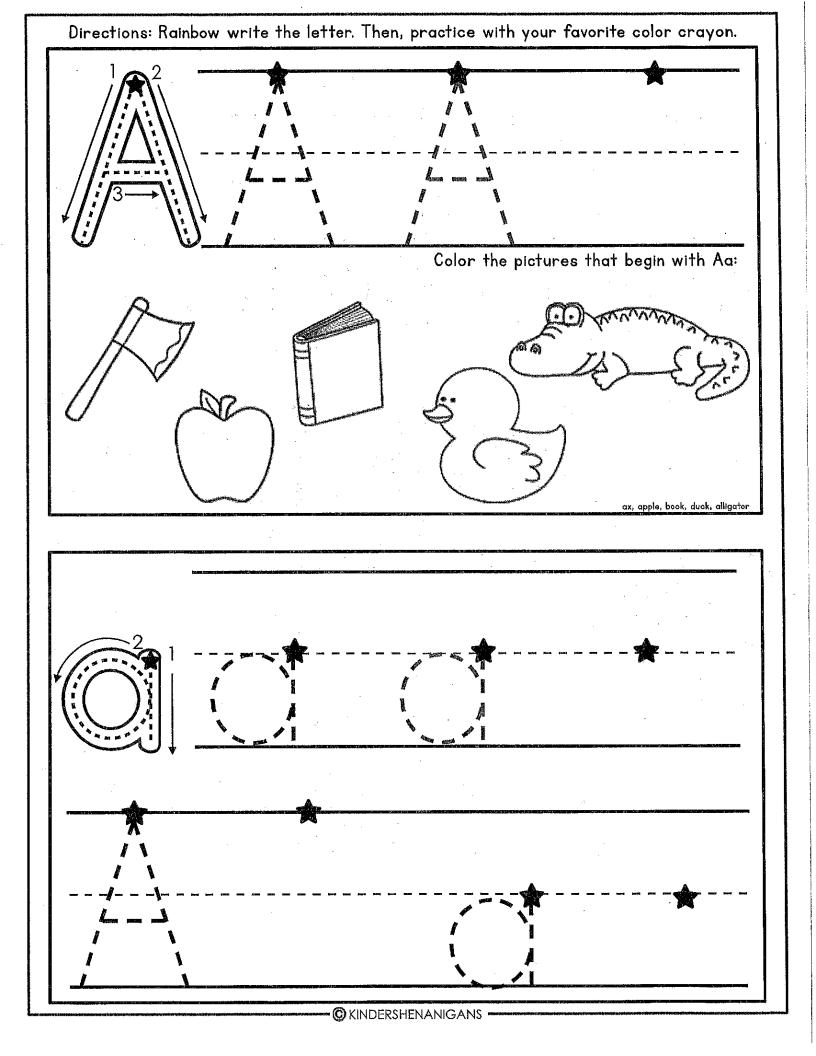


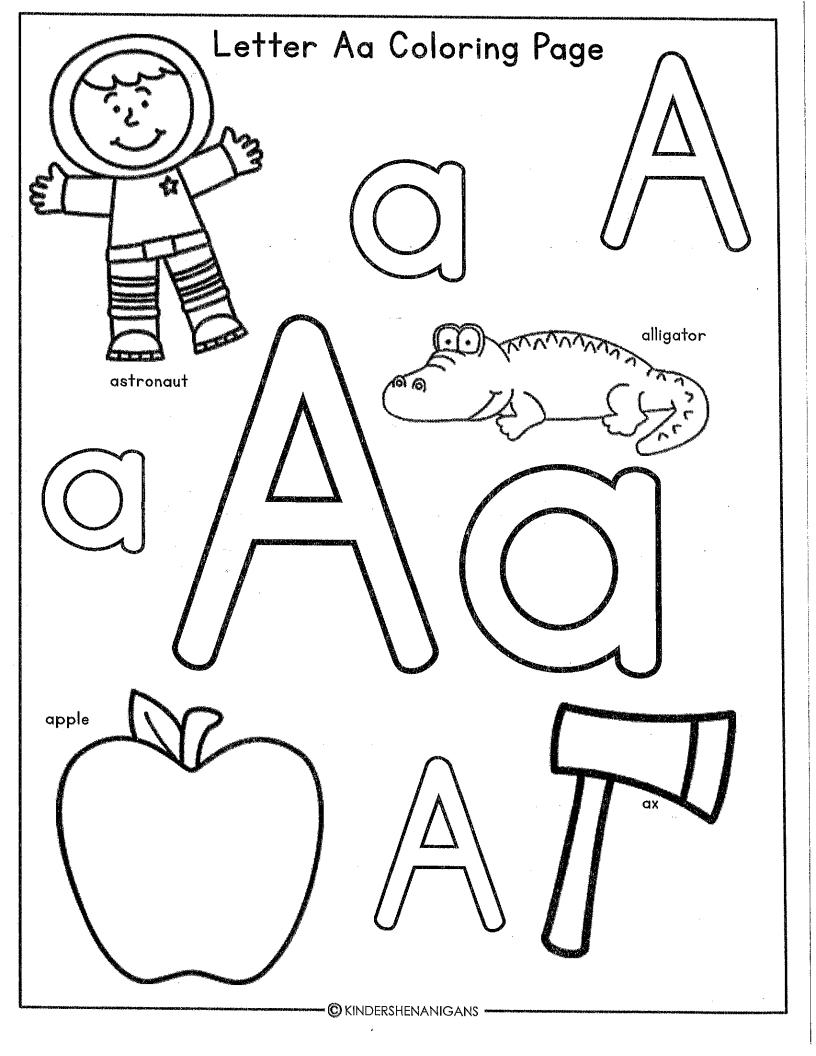
# 80 very important!

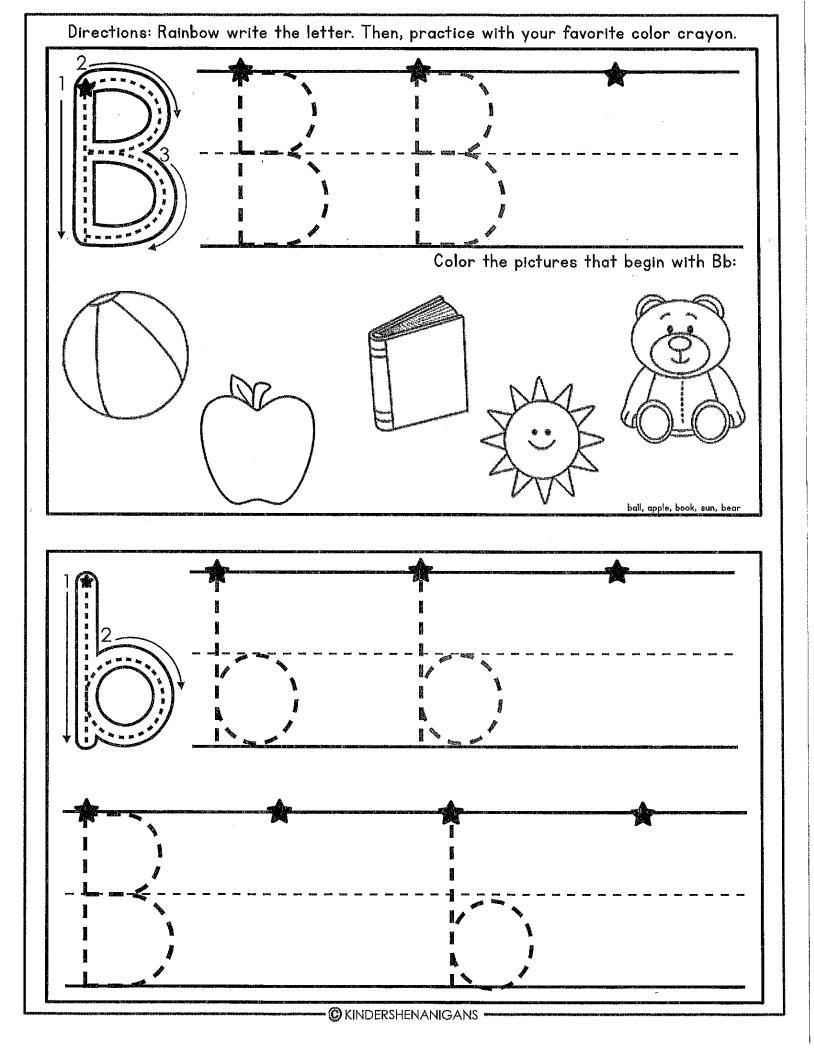
## PARENTS ARE THEIR CHILD'S FIRST AND MOST IMPORTANT TEACHERS!

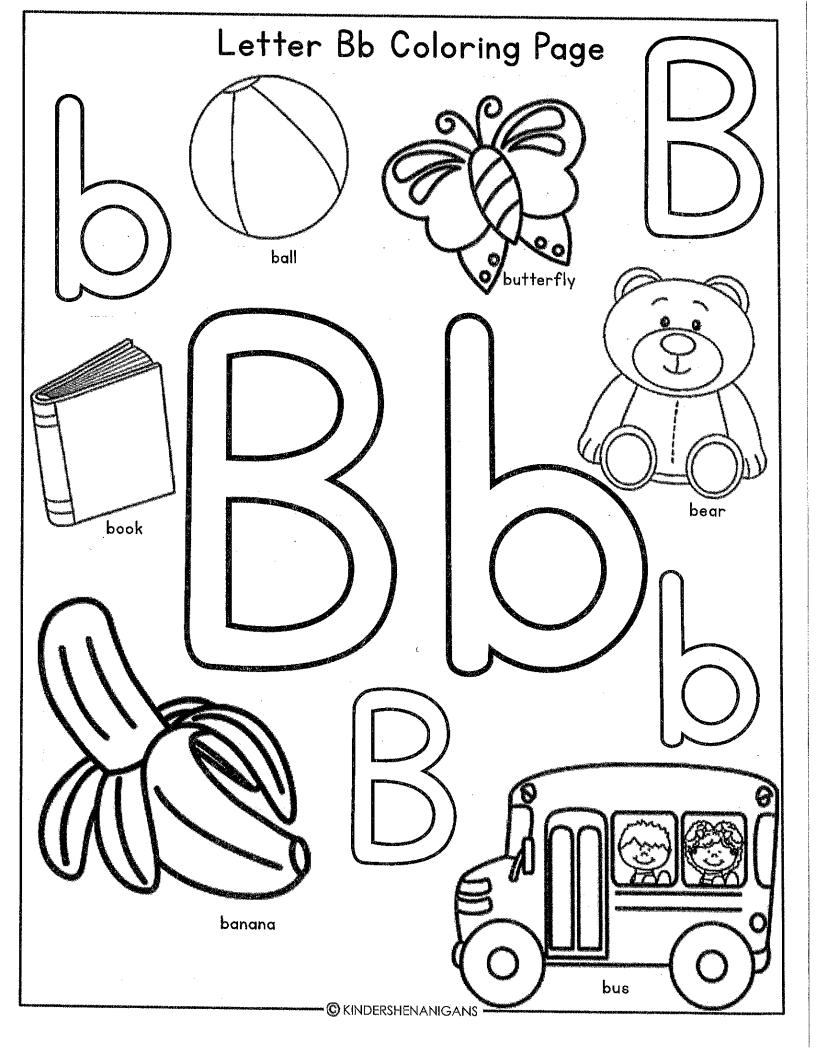
Learning happens in the everyday moments you share with your child. You play such an important role in your child's development and learning! Everything you and your child do together will teach important lessons that will help them grow and learn about their world.

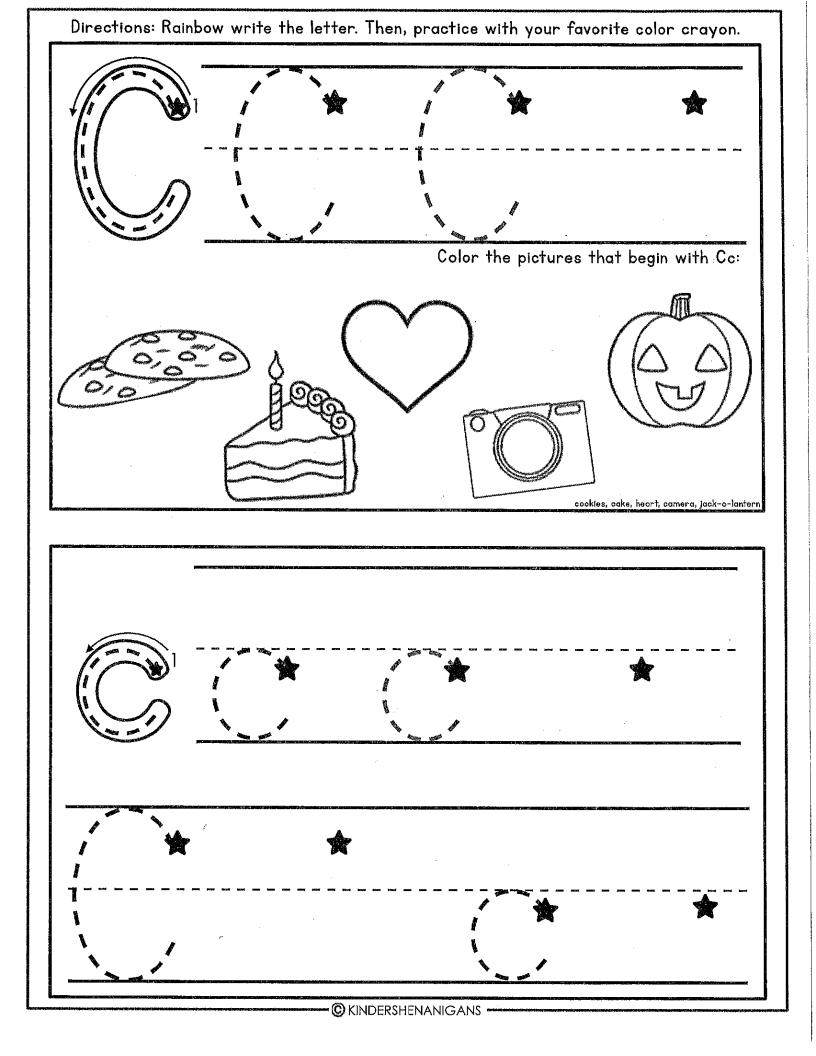


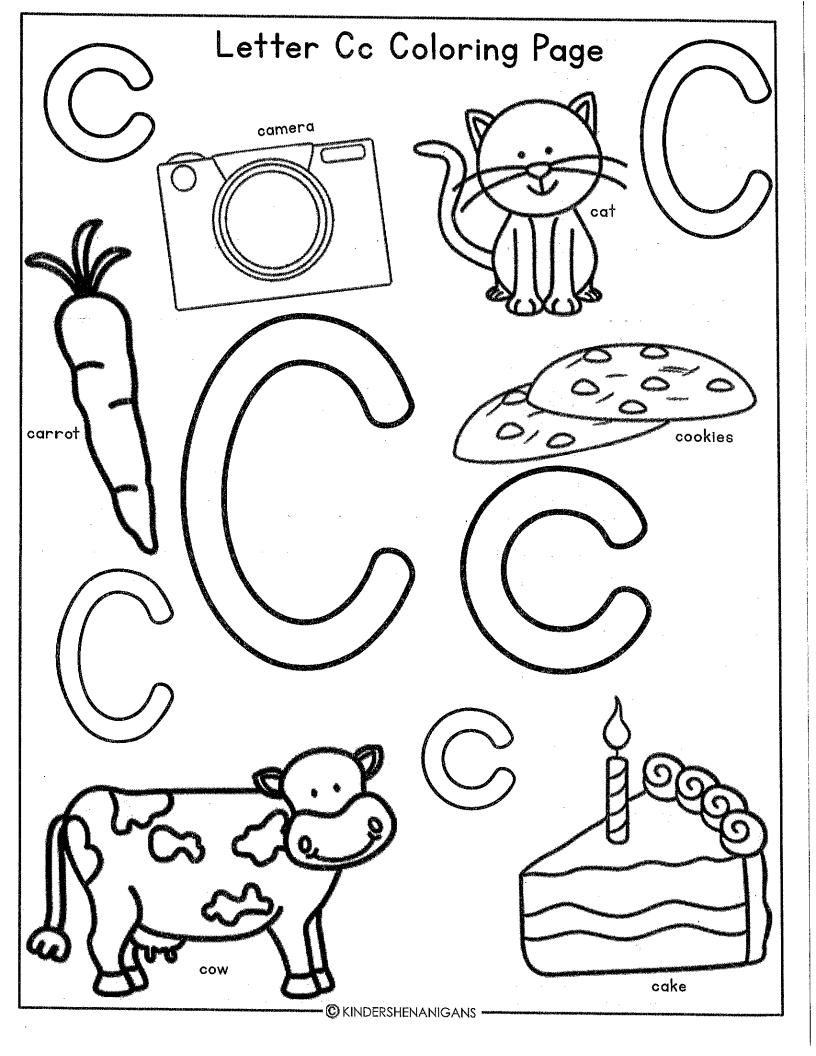


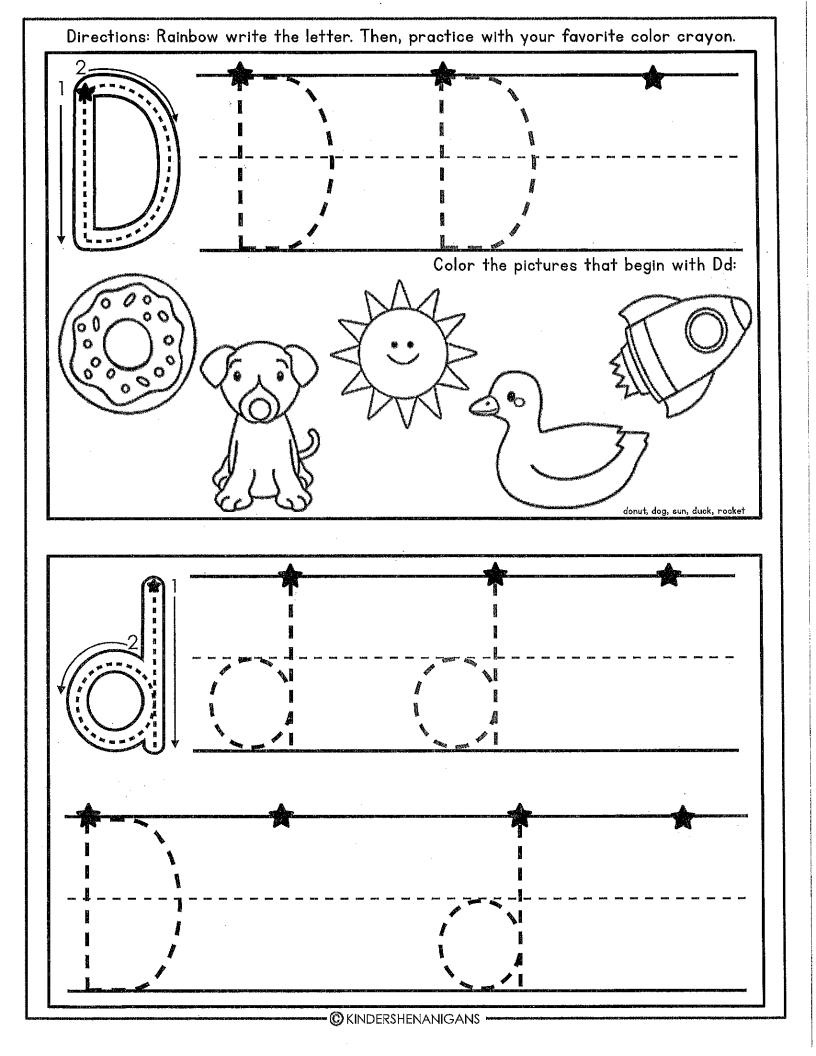


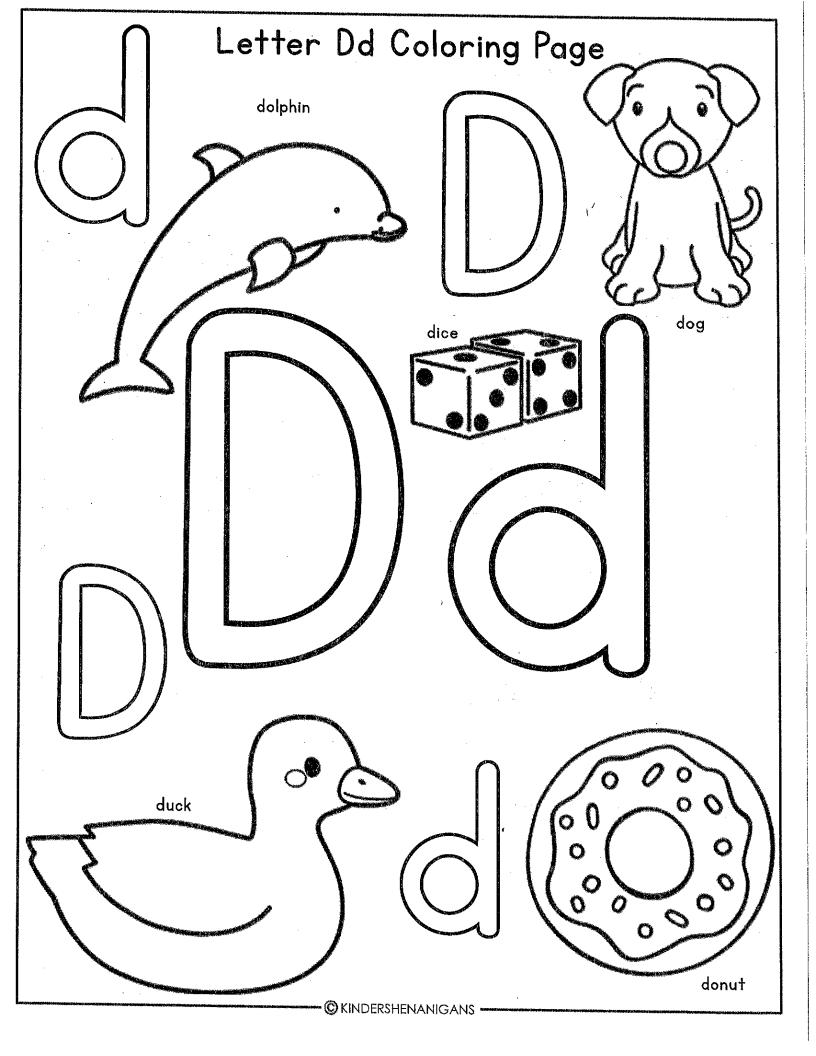


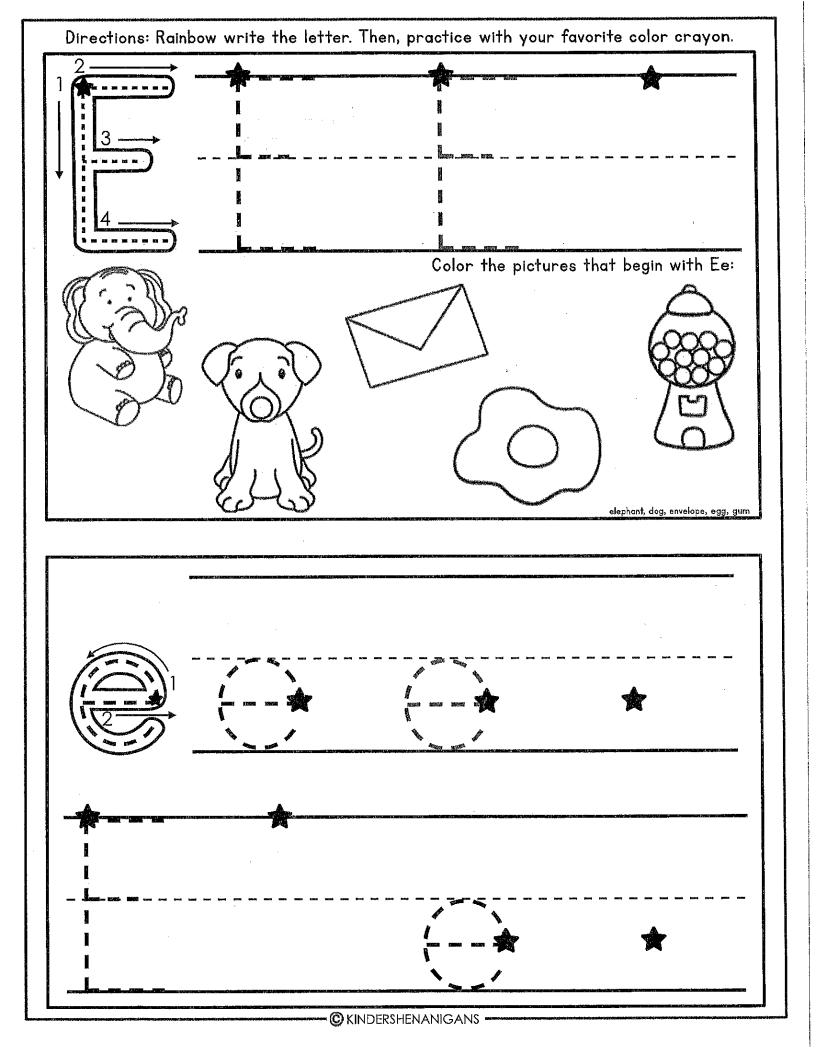




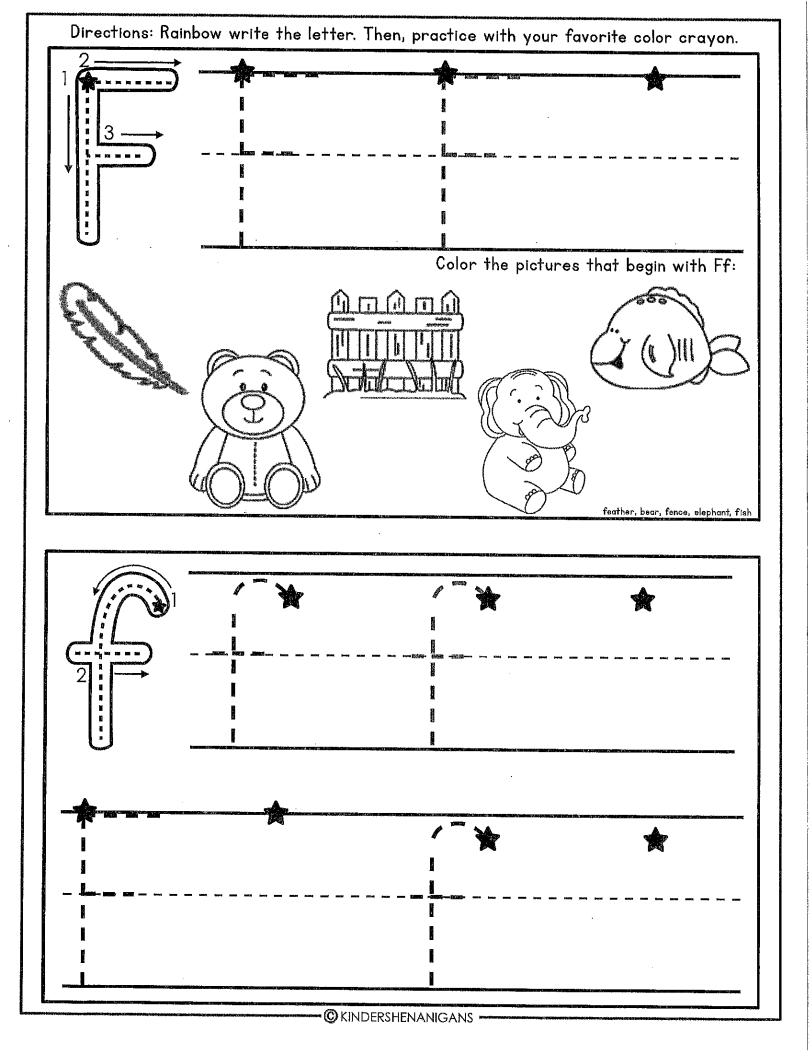


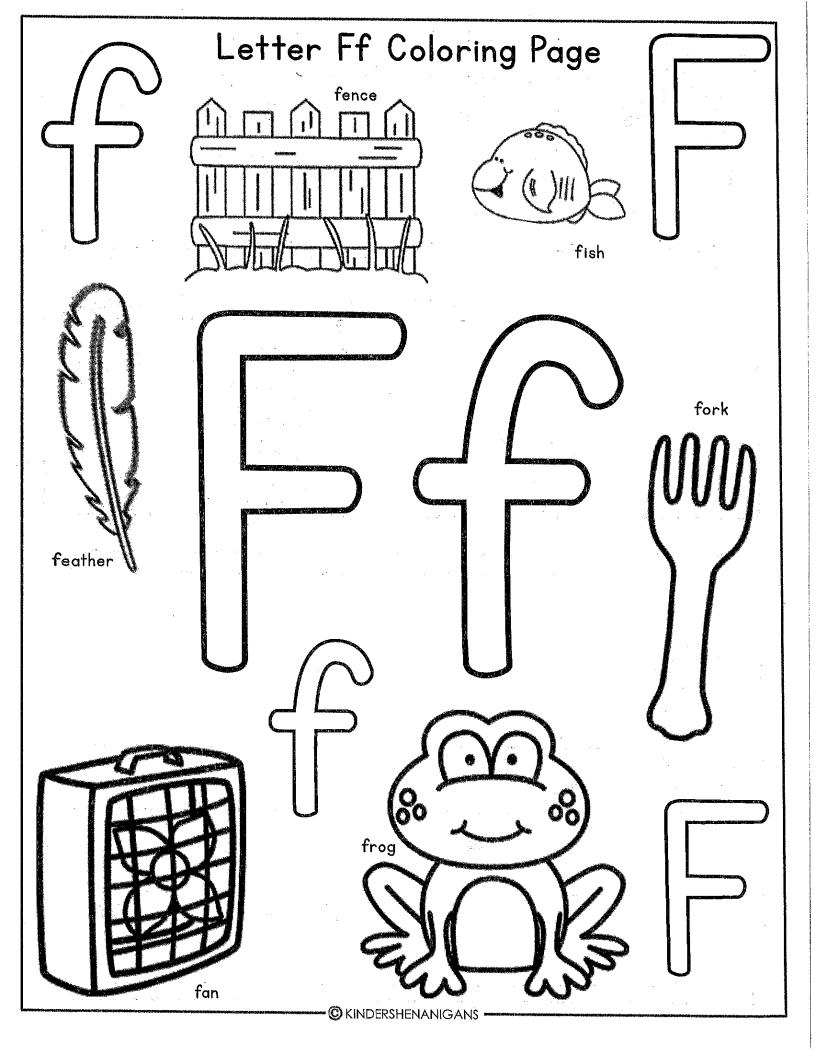


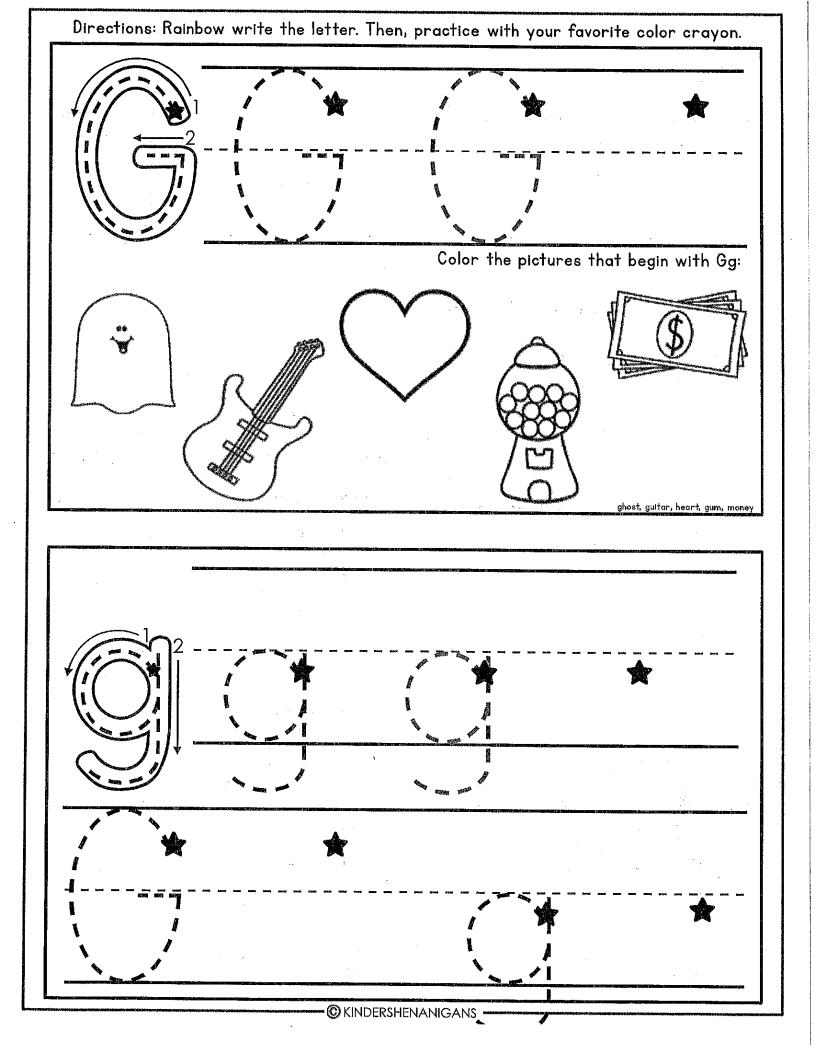


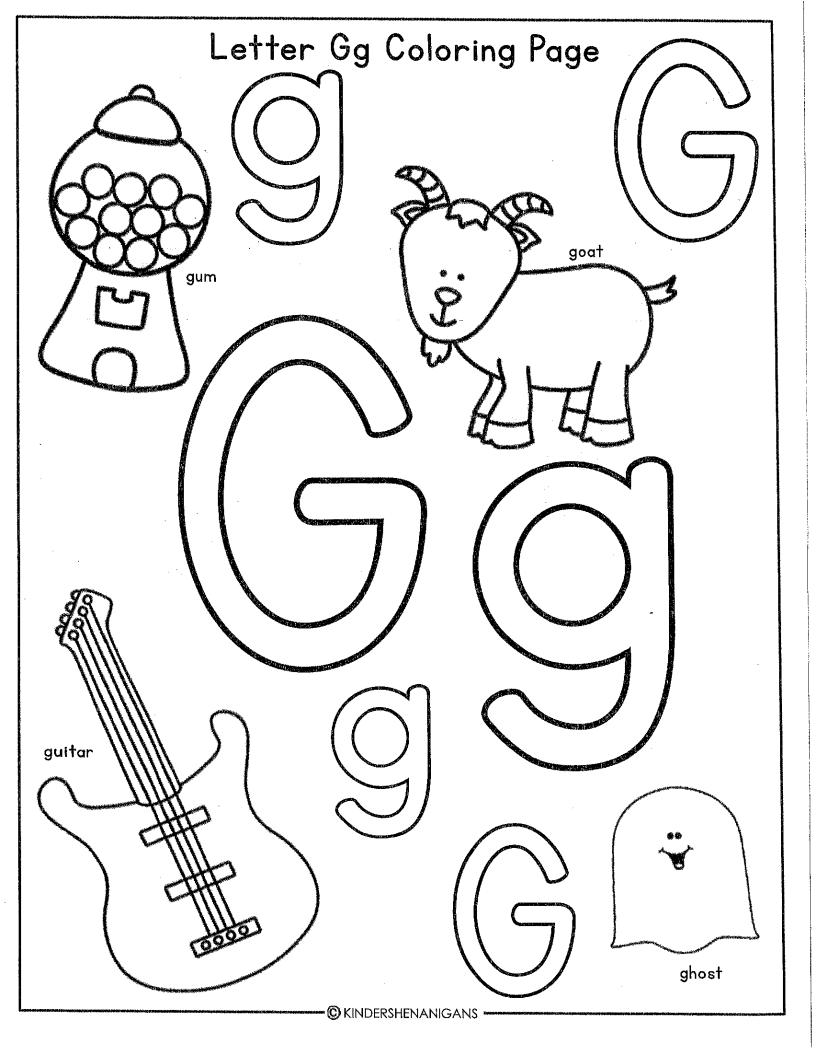


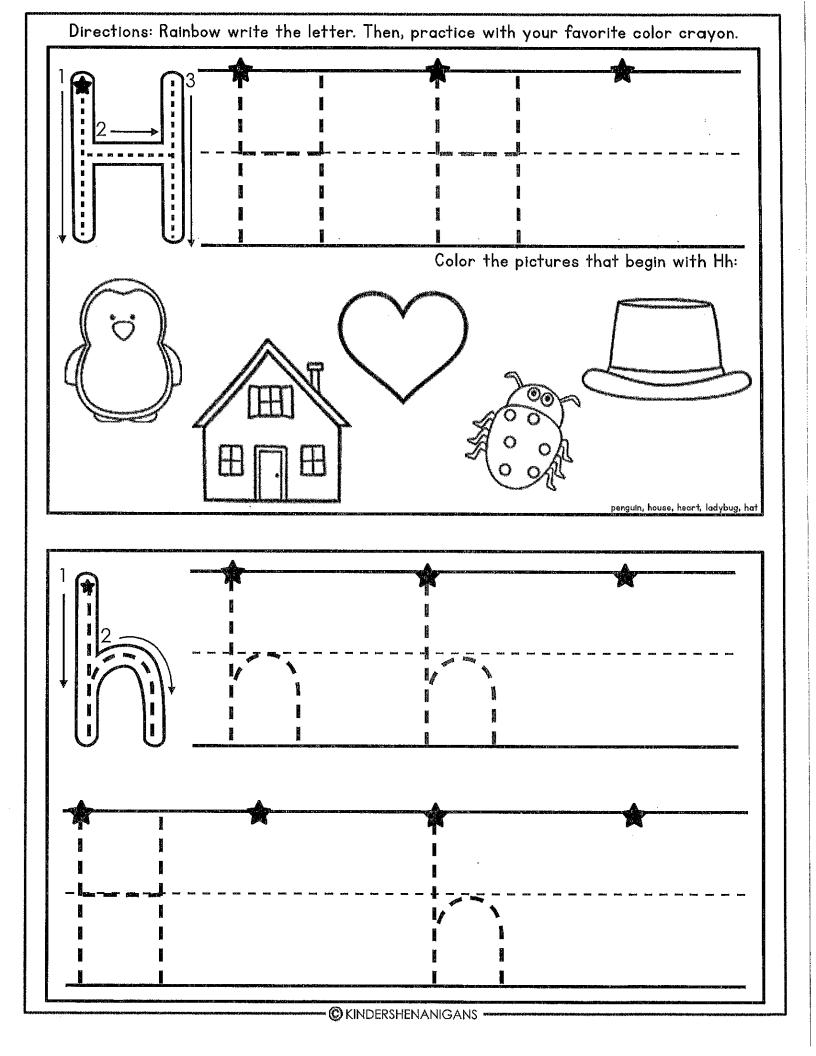




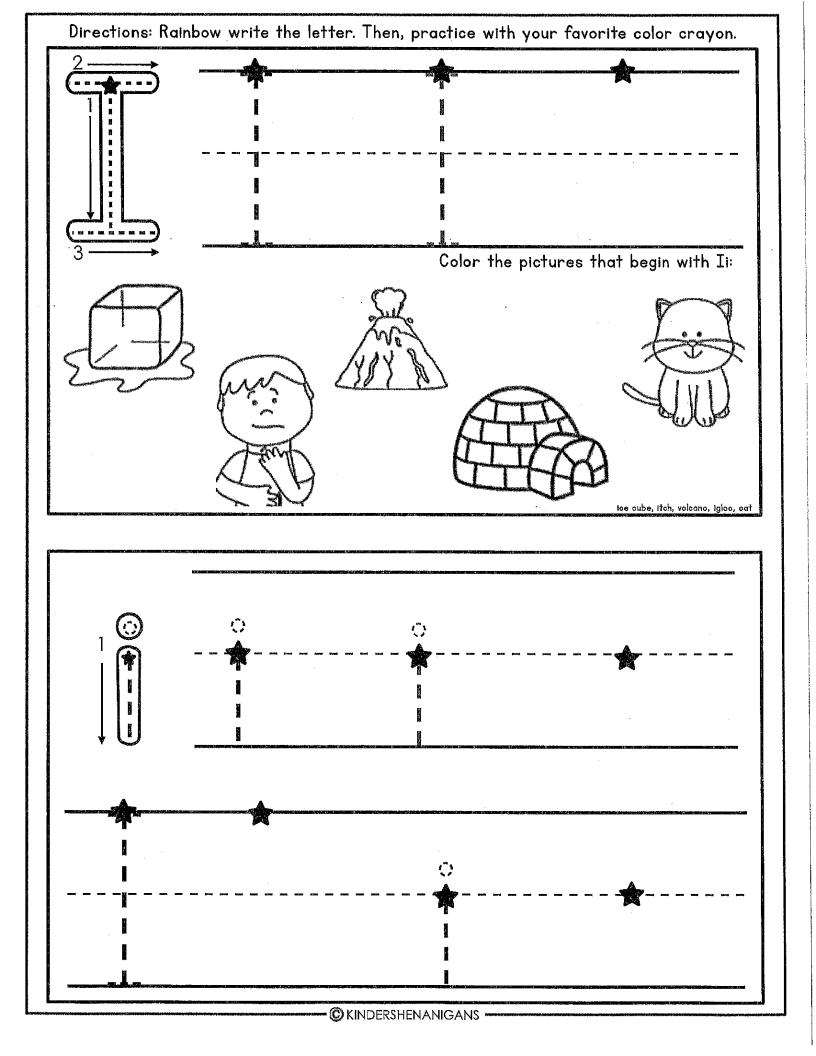


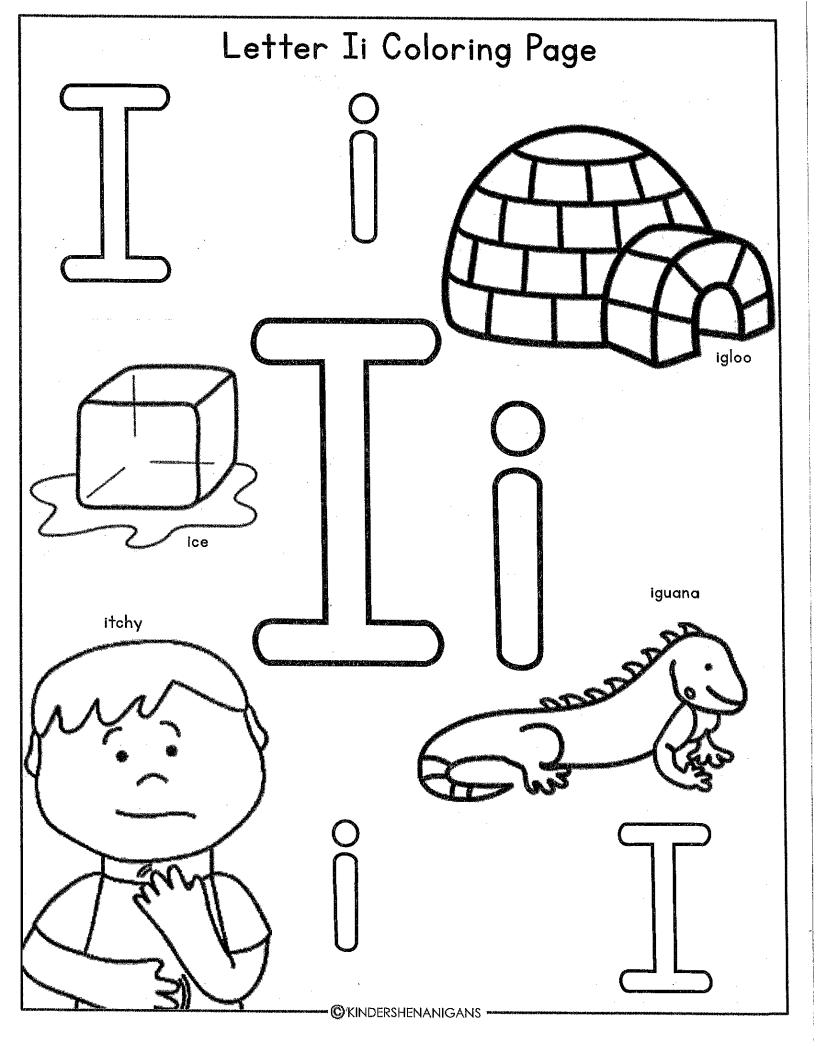


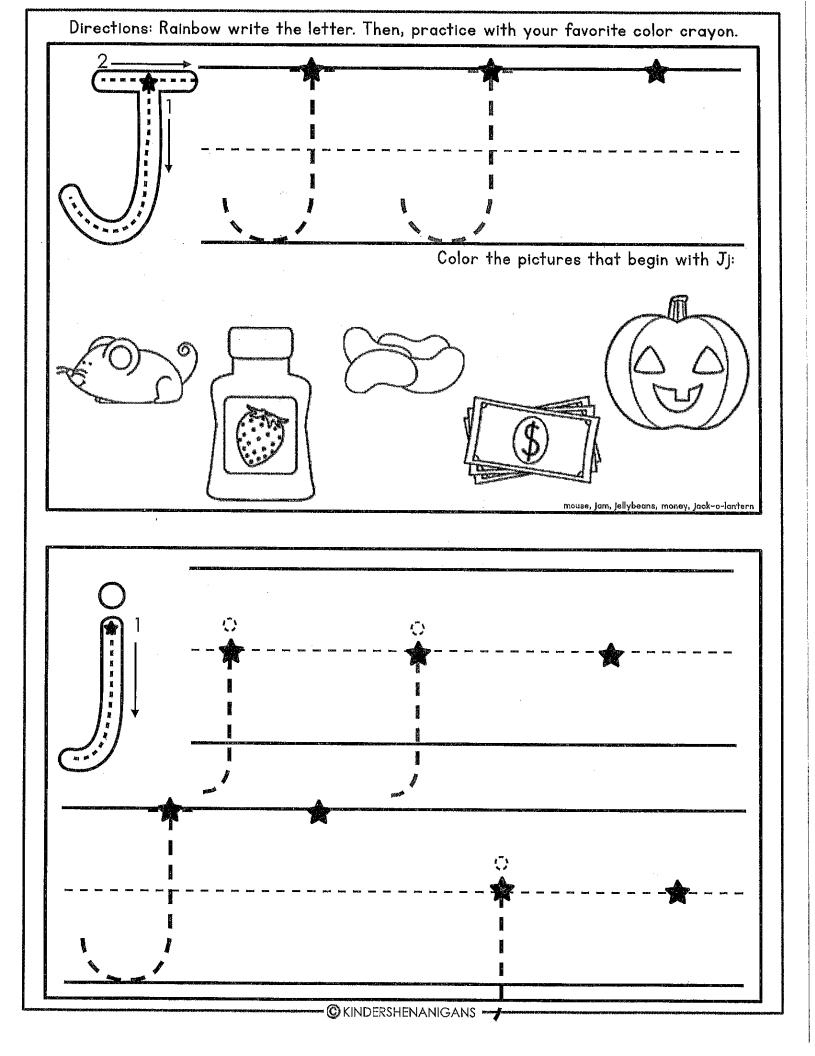


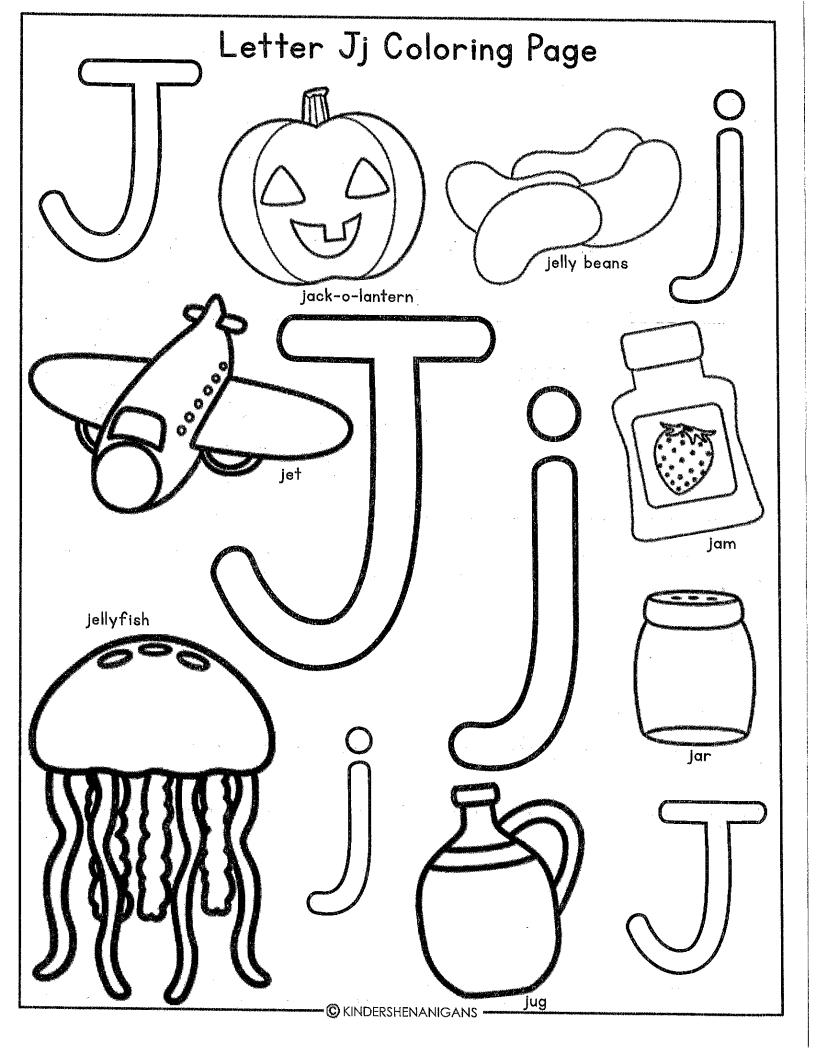


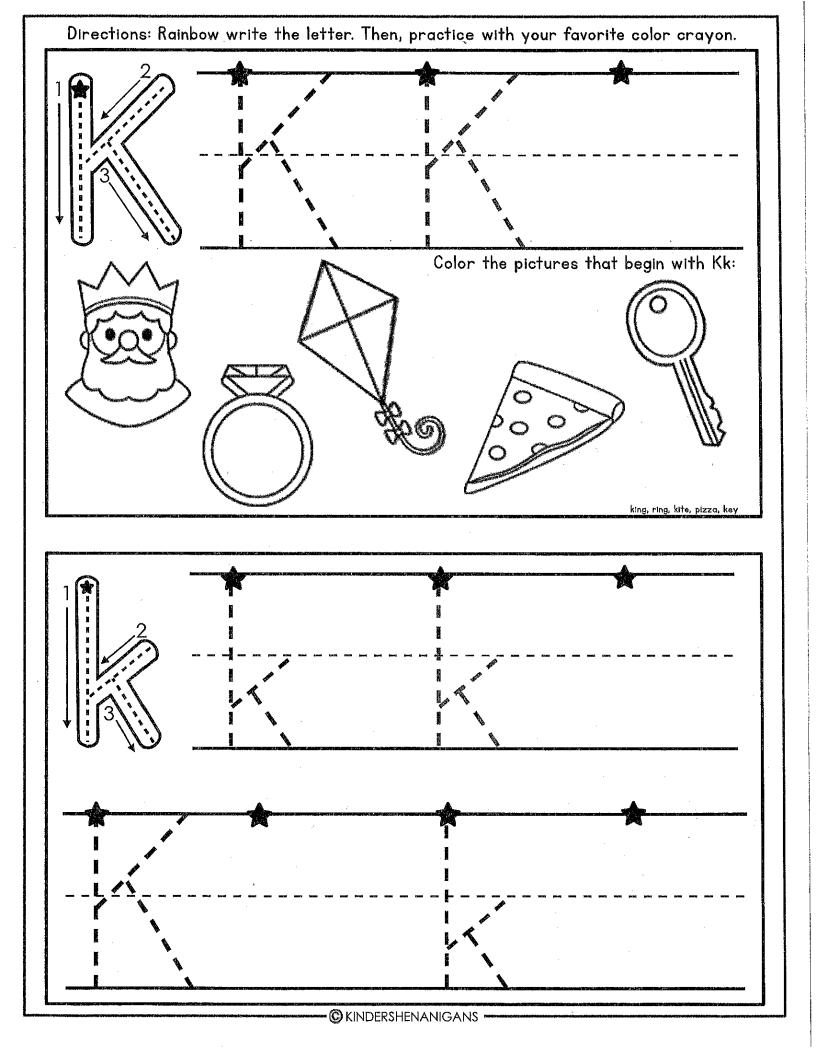


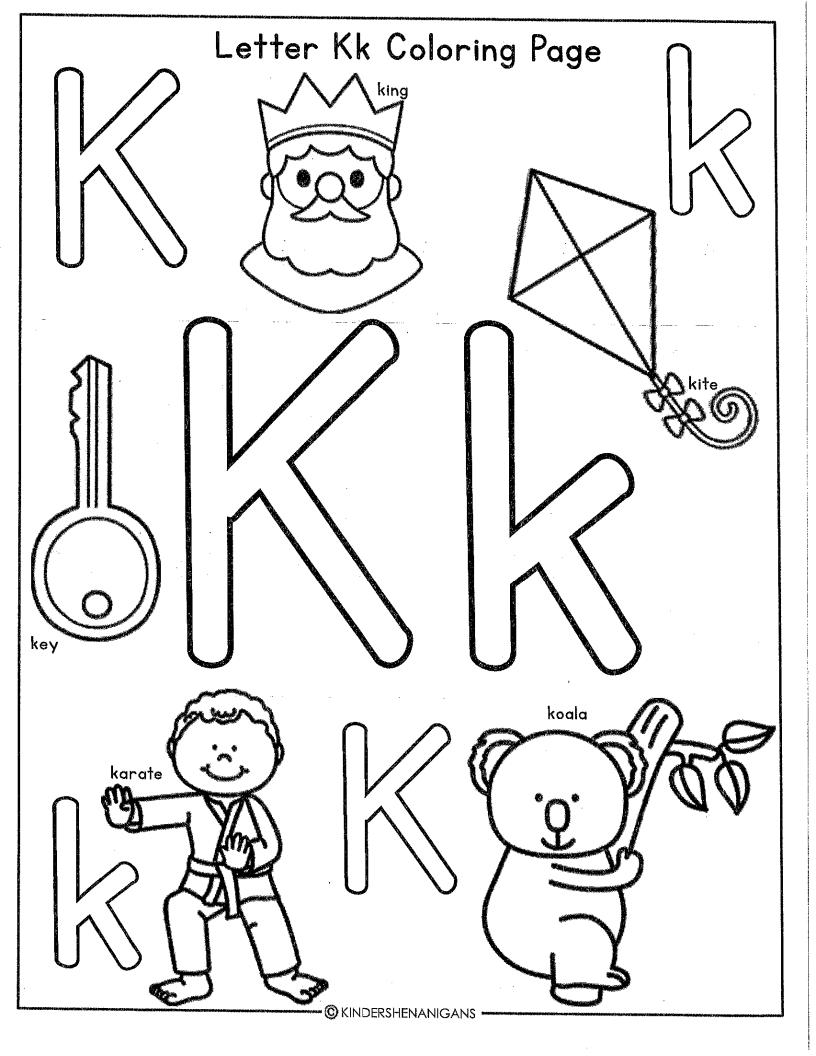


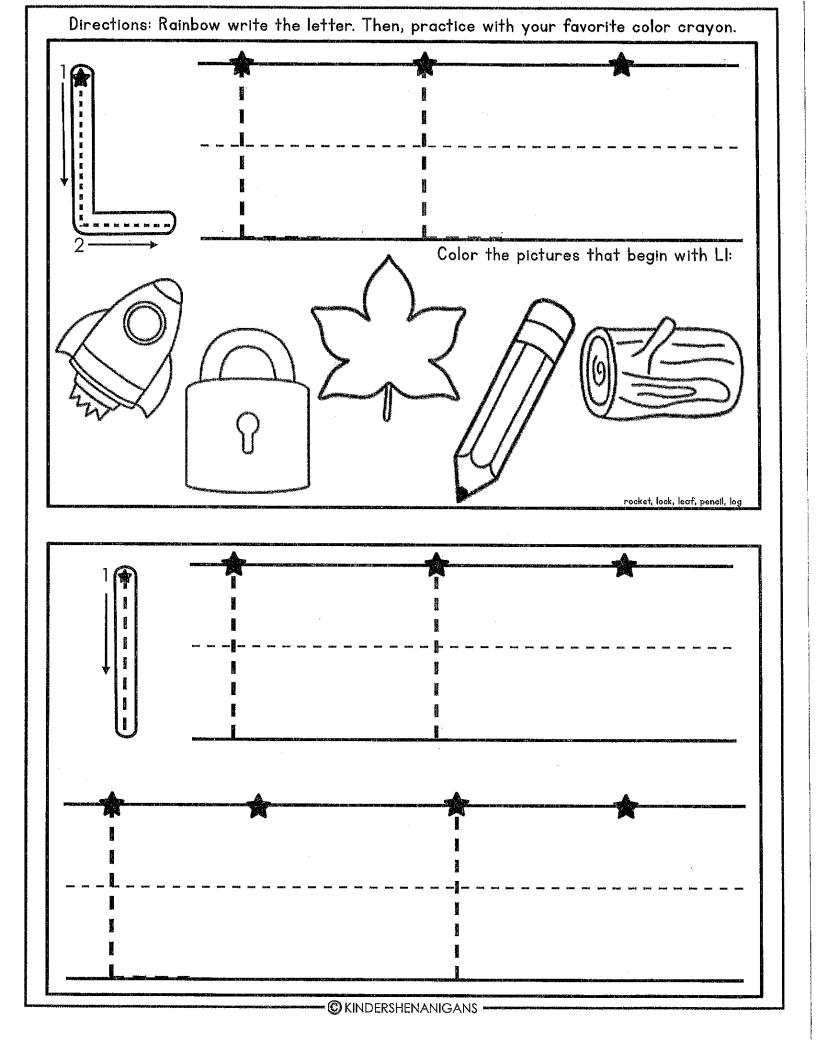


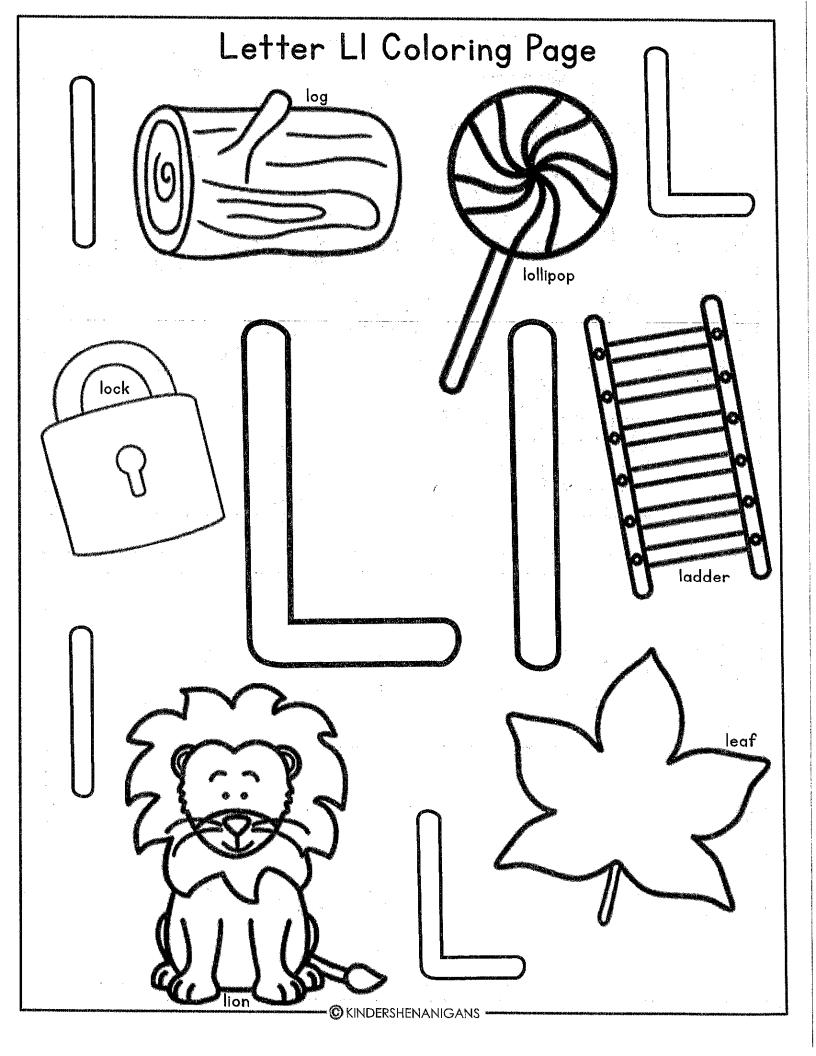


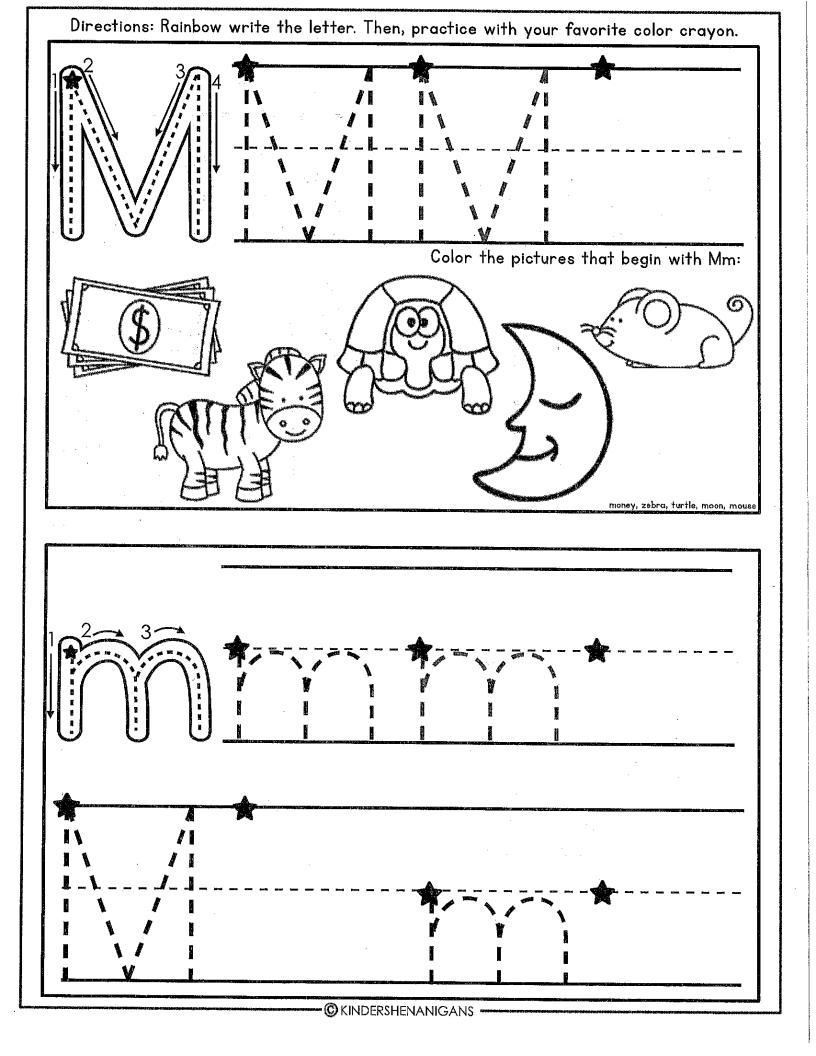


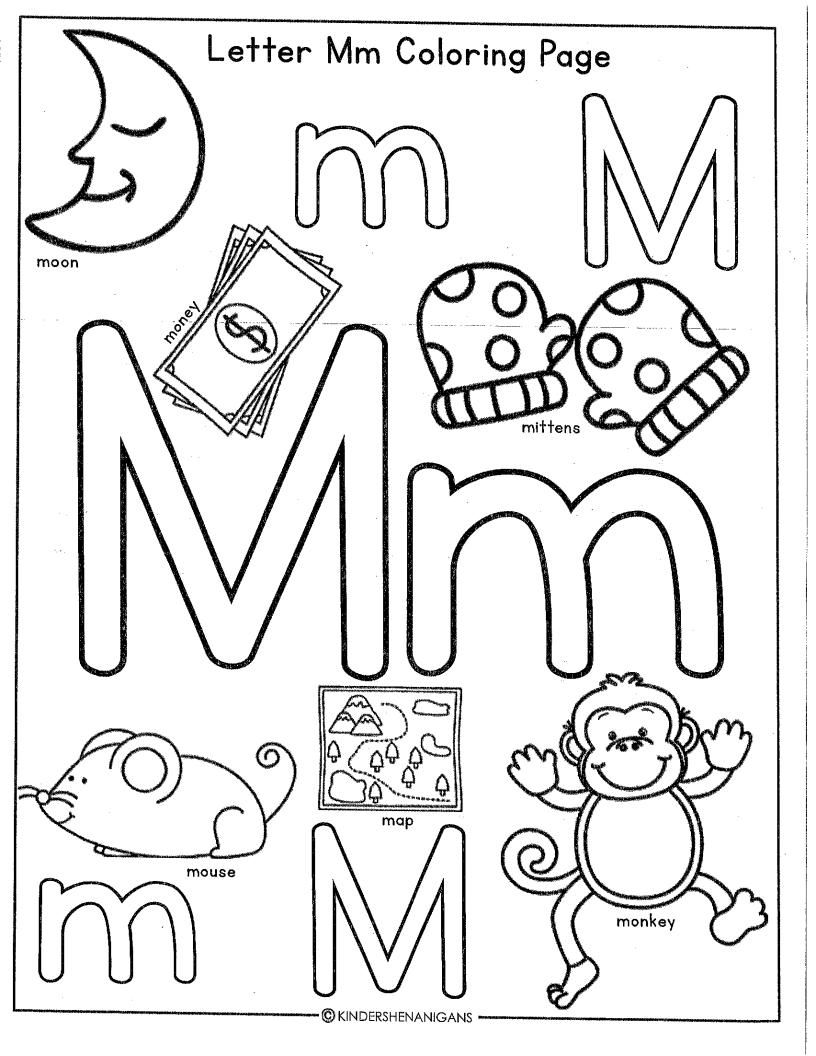


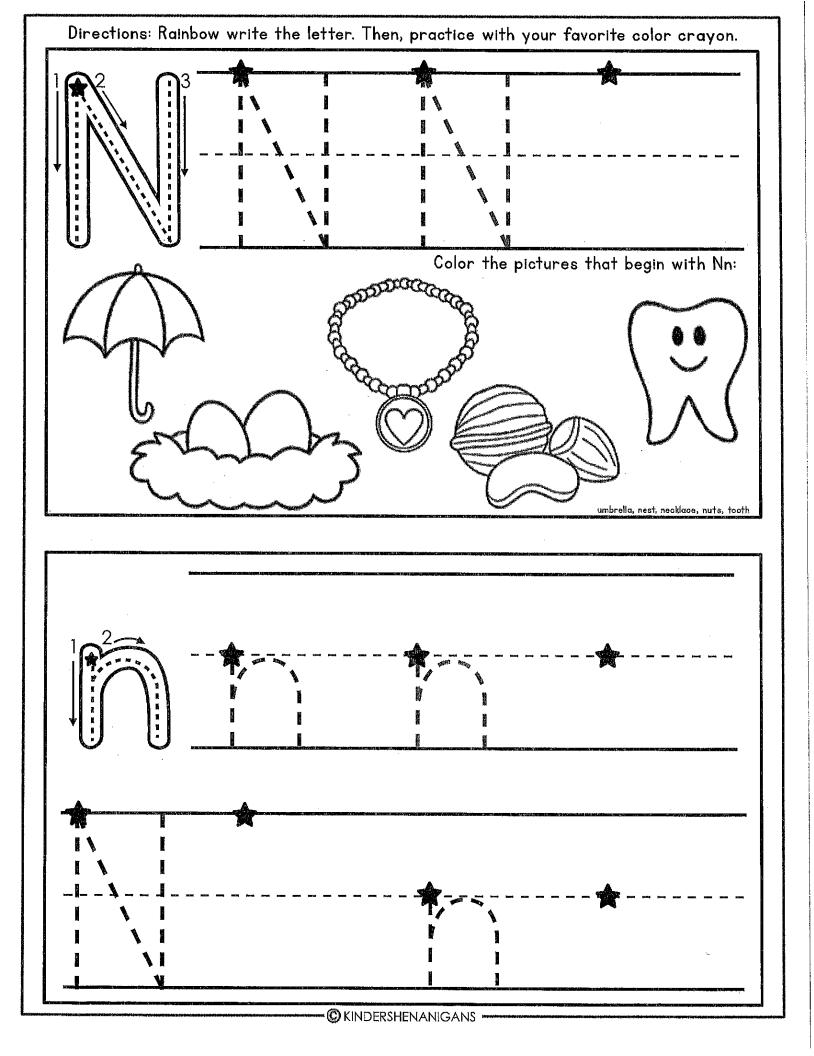


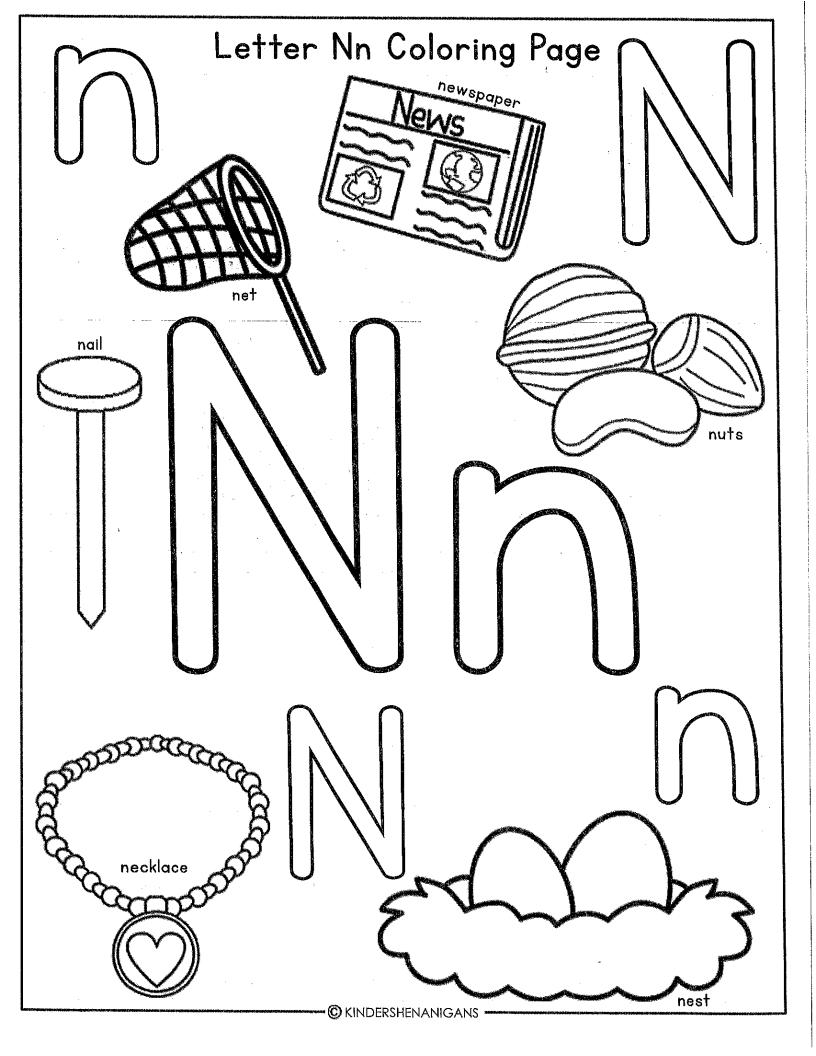


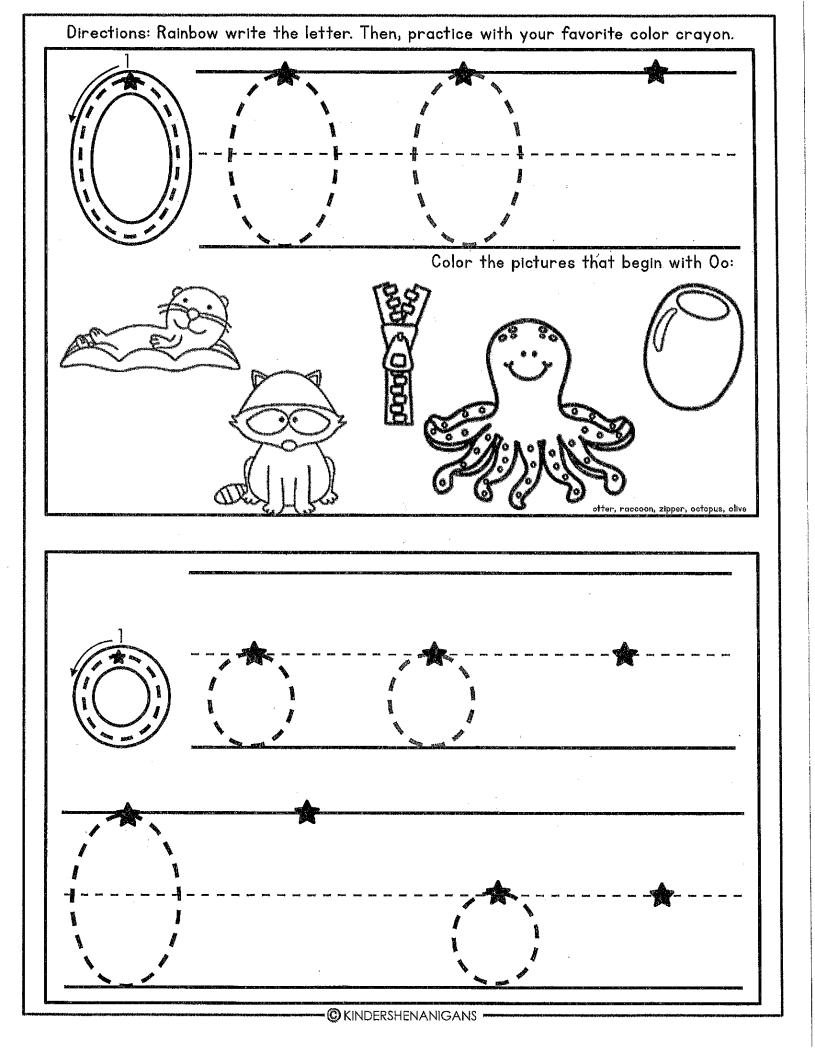


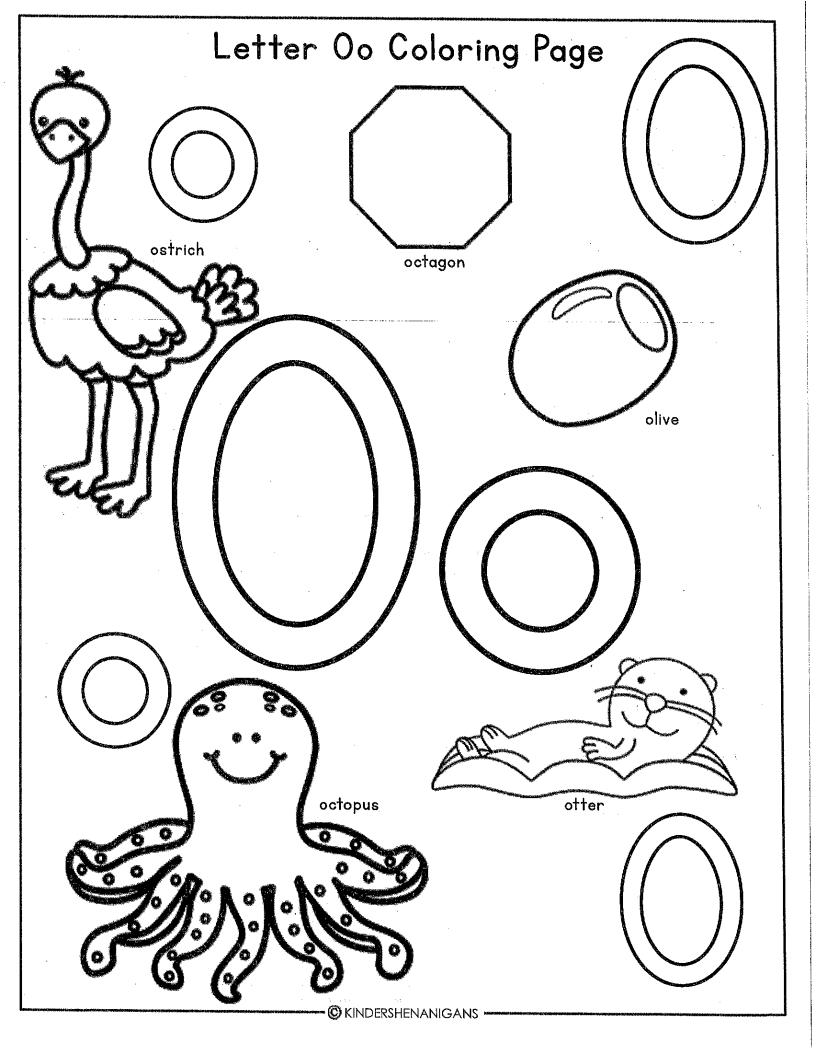


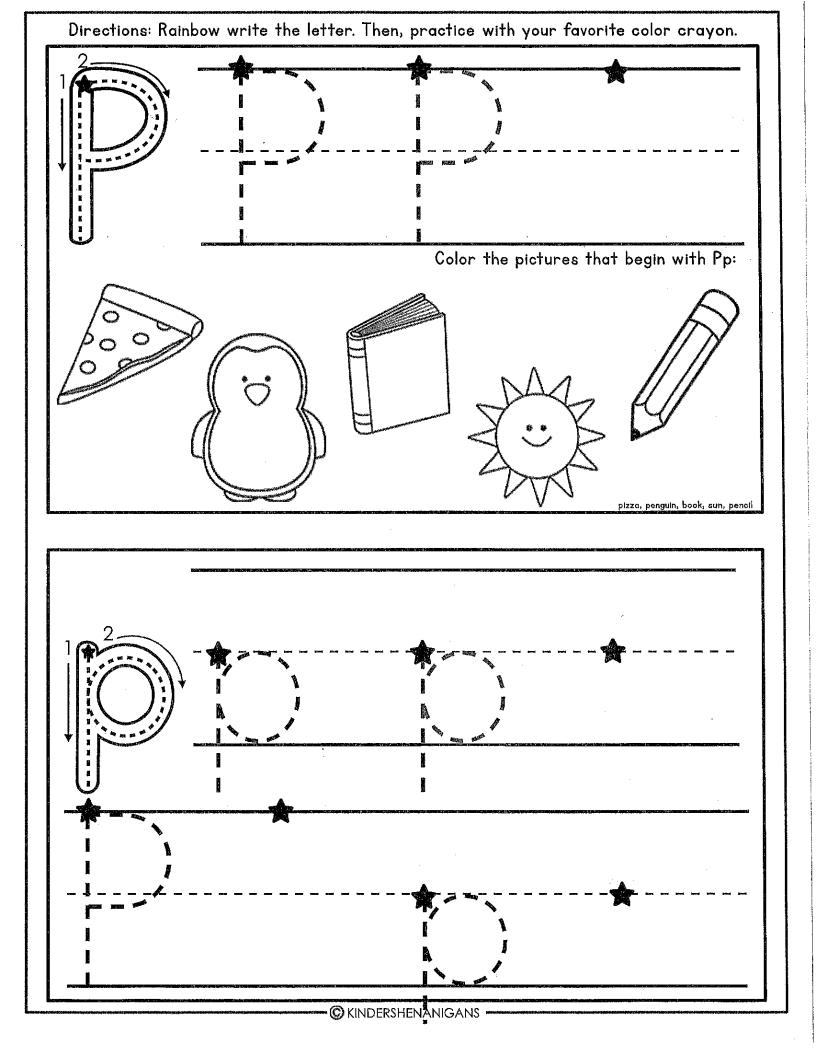


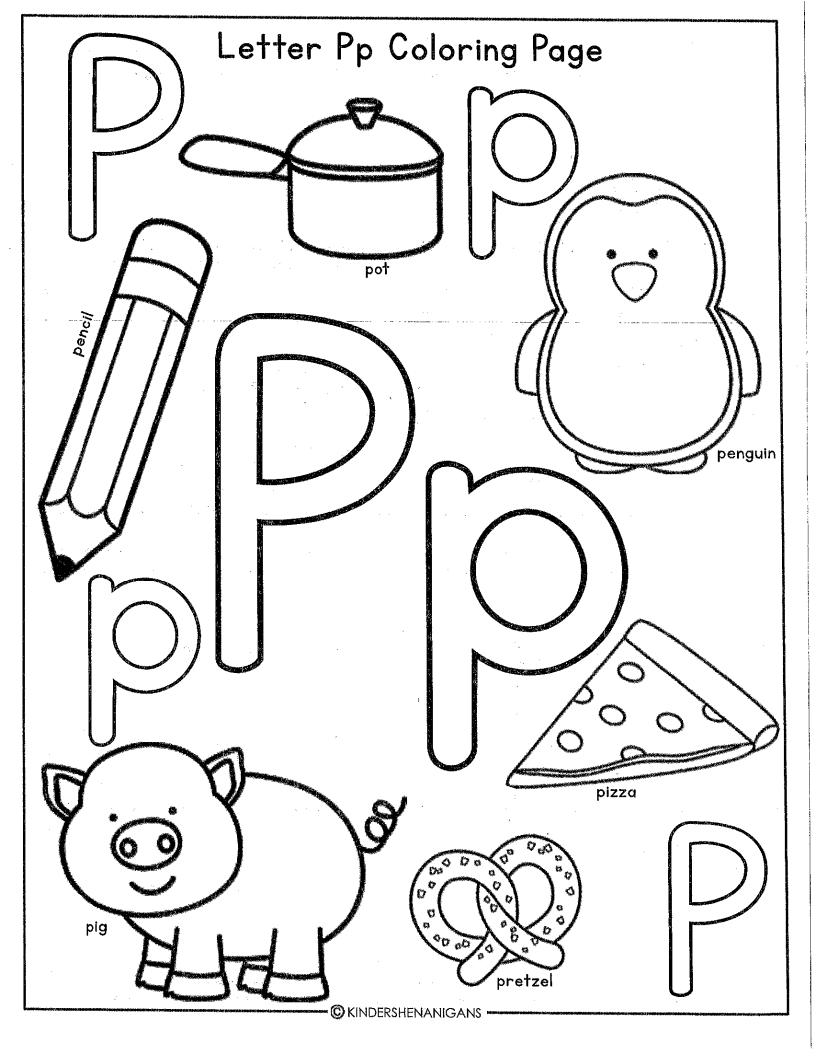


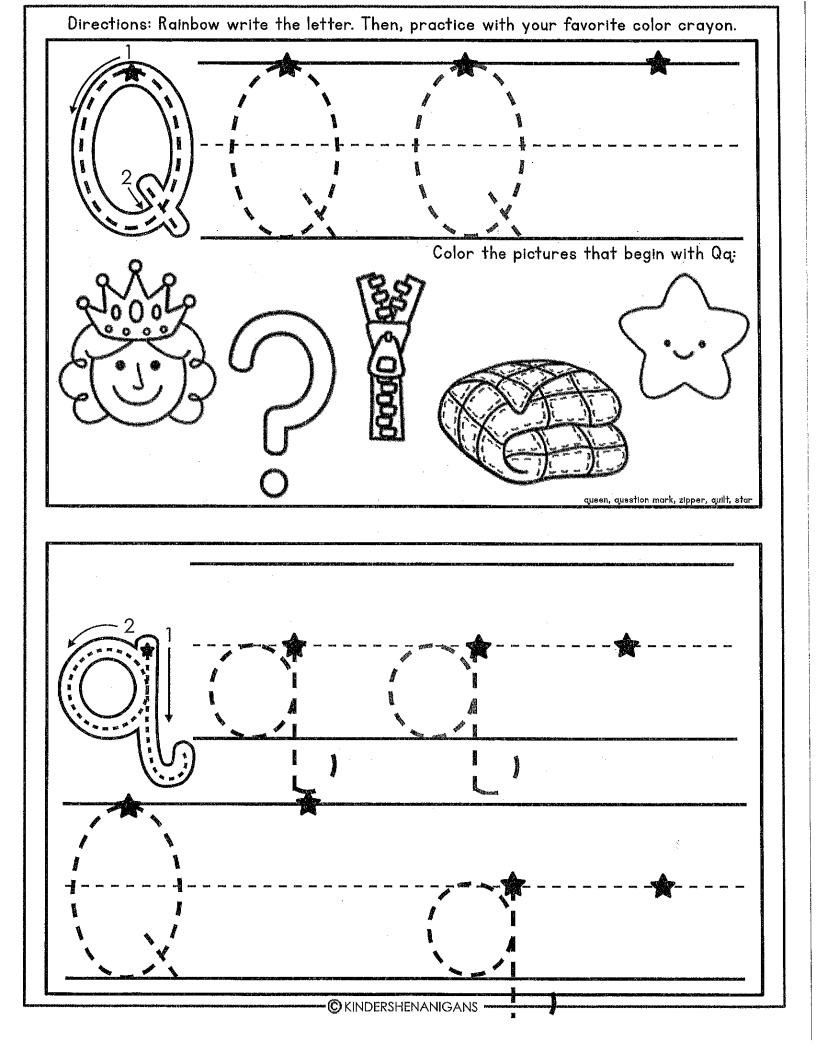


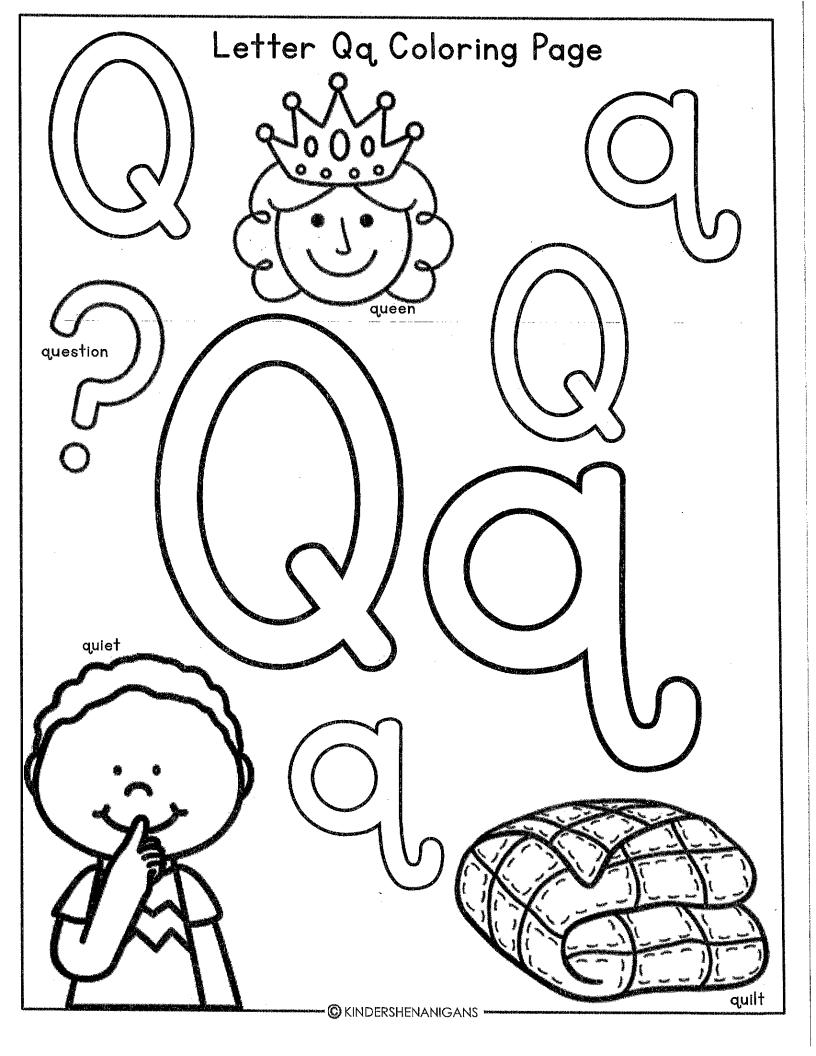


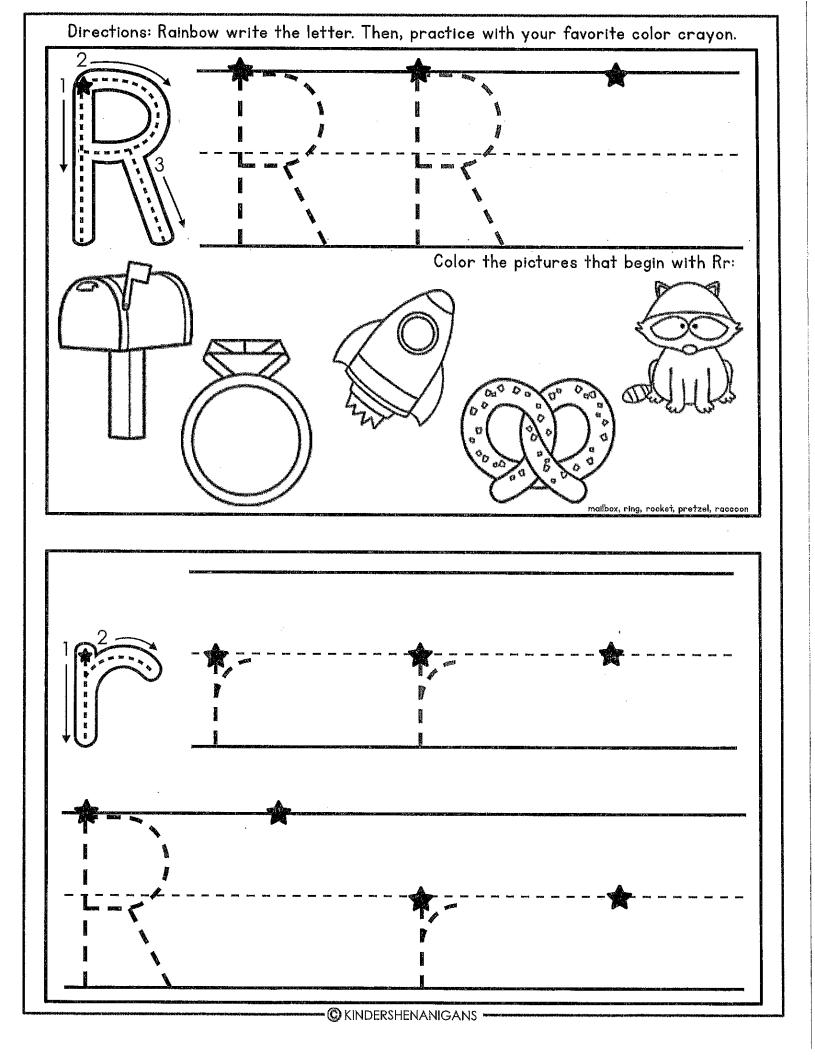


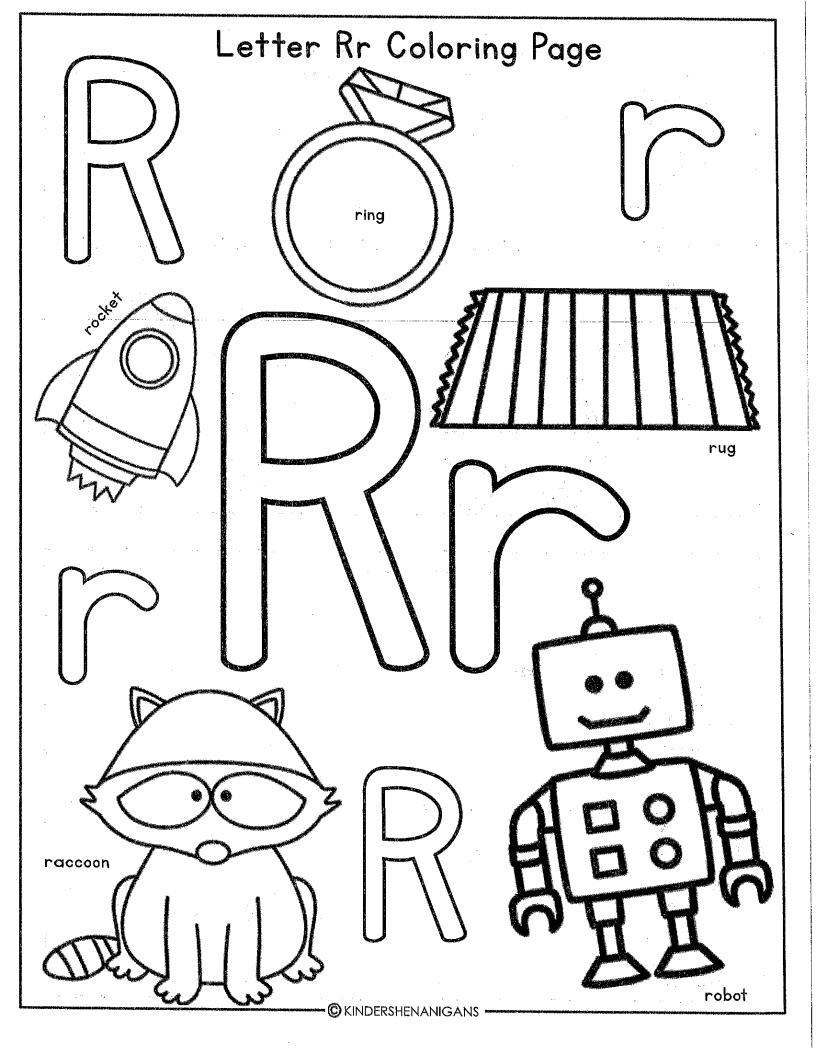


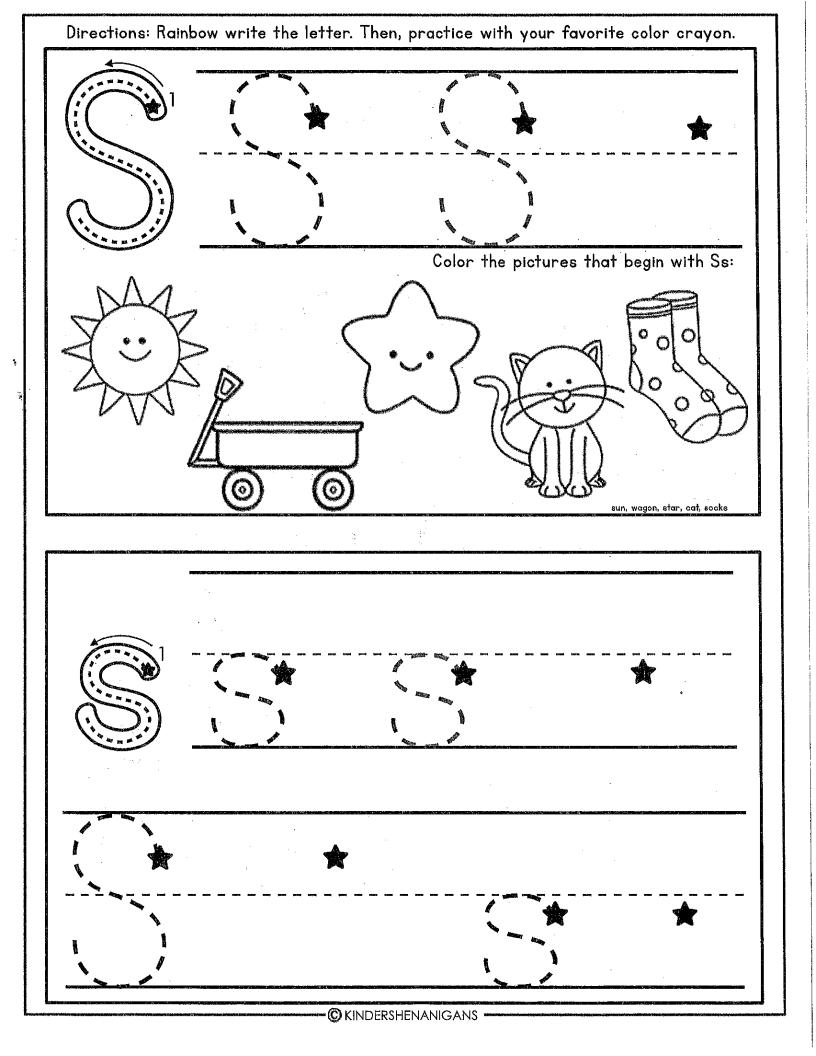


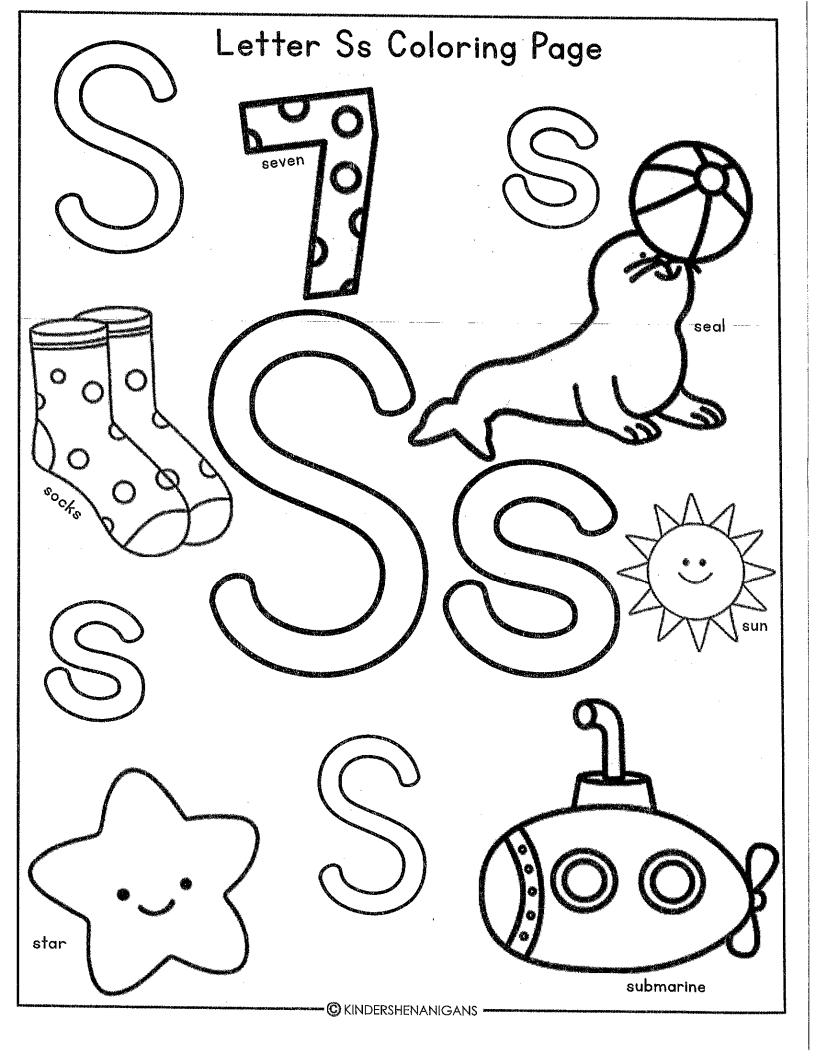


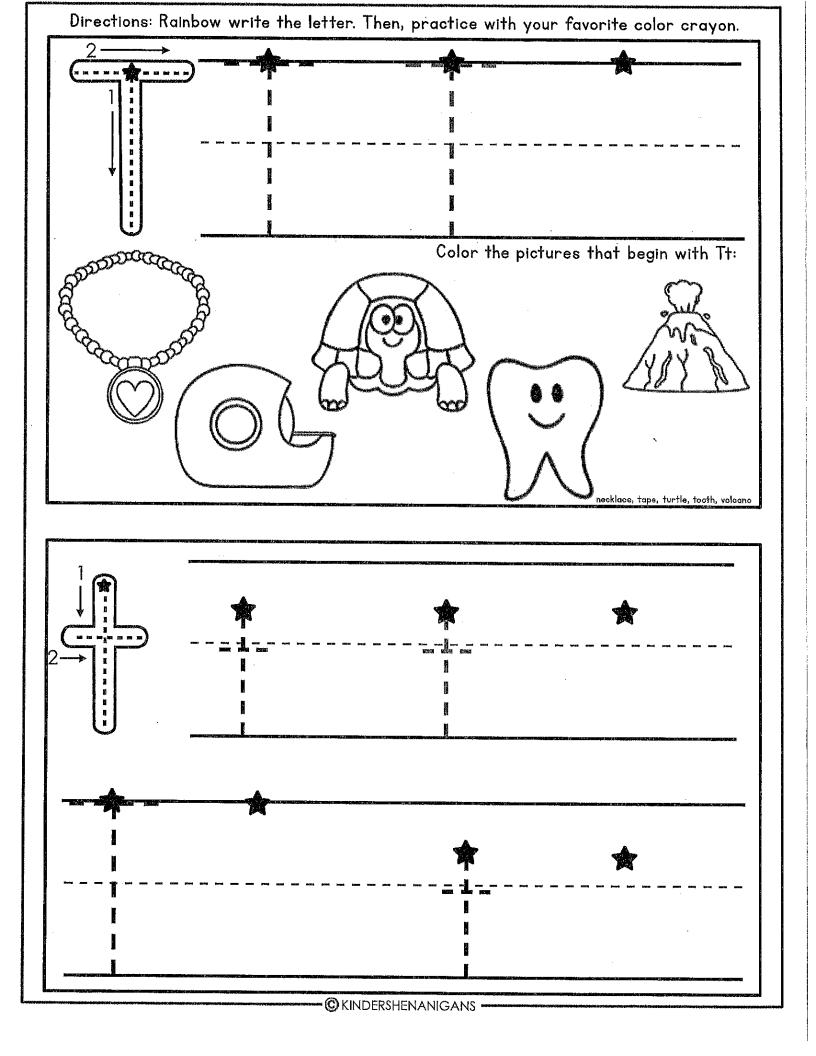


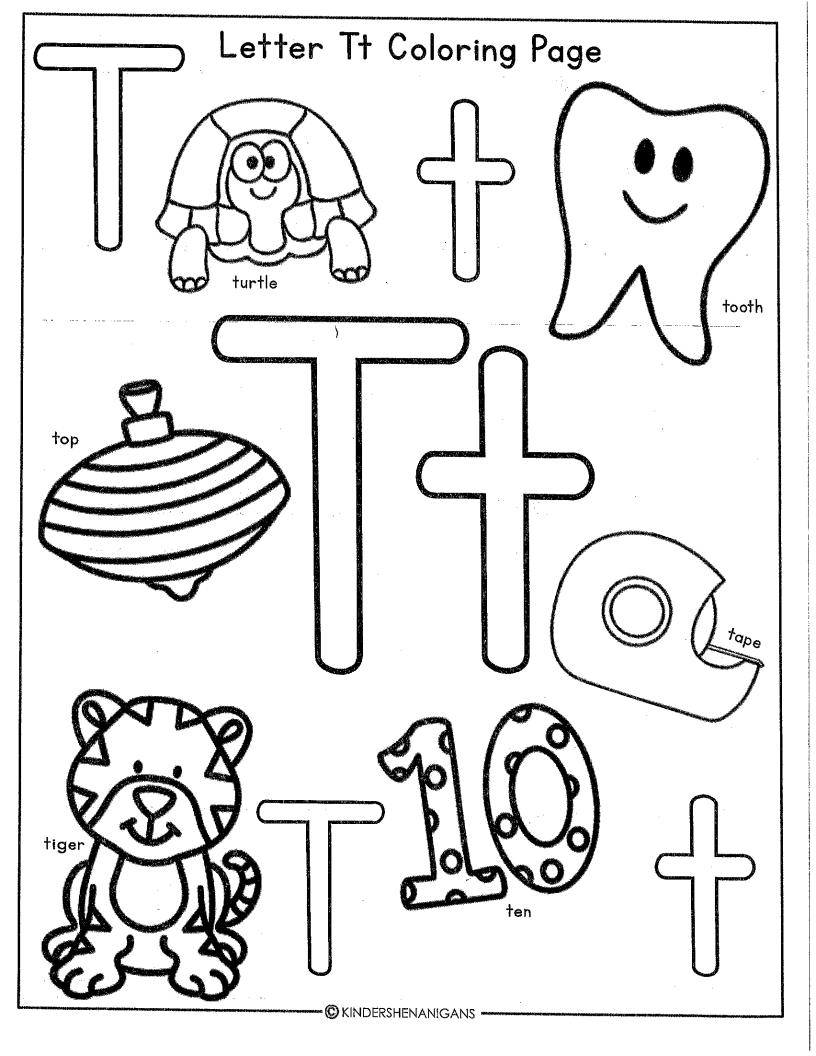


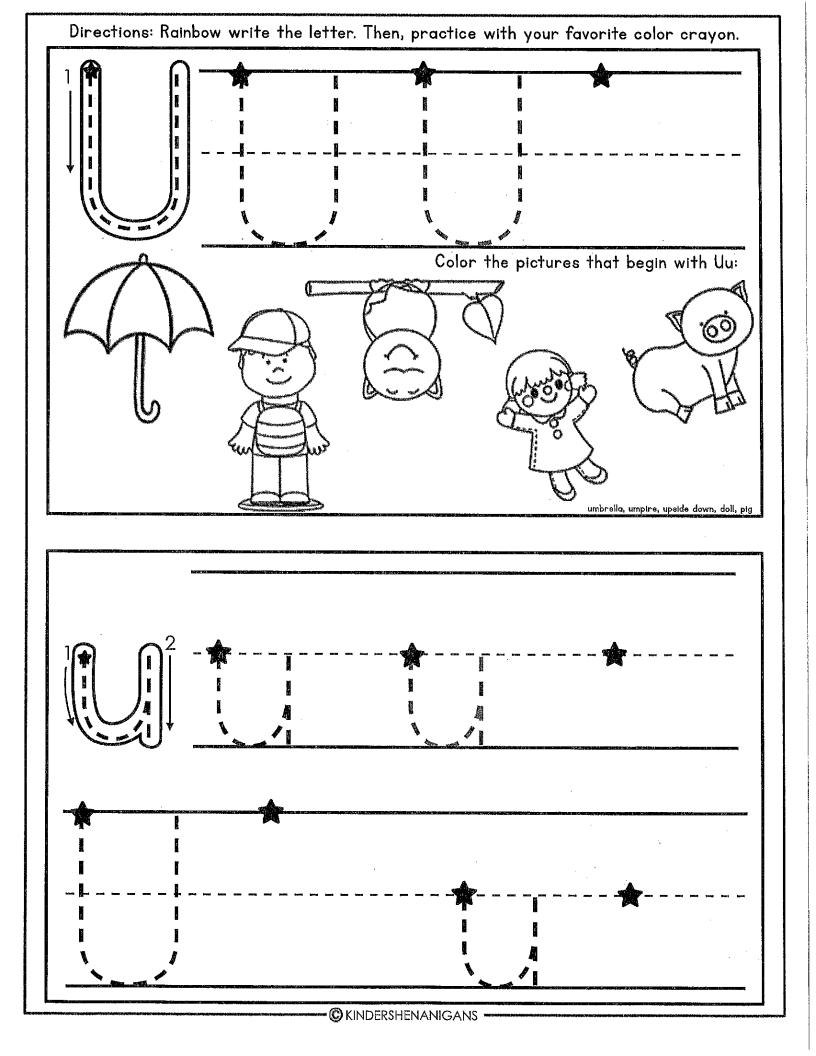


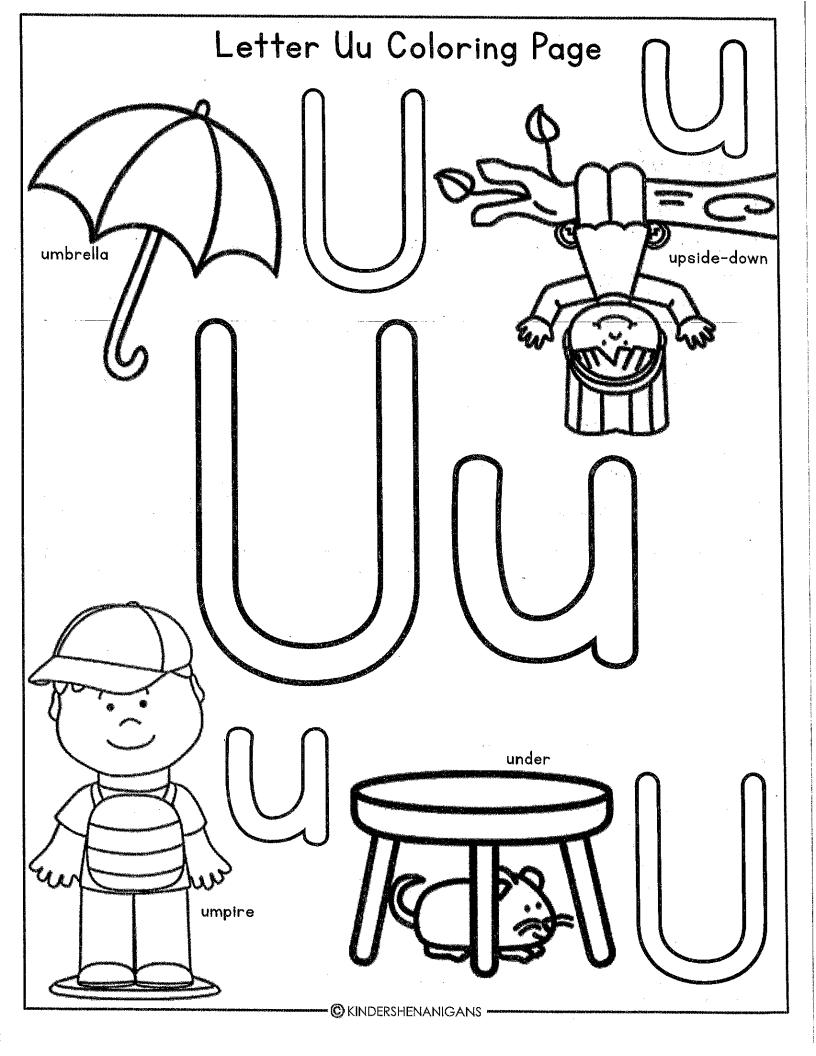


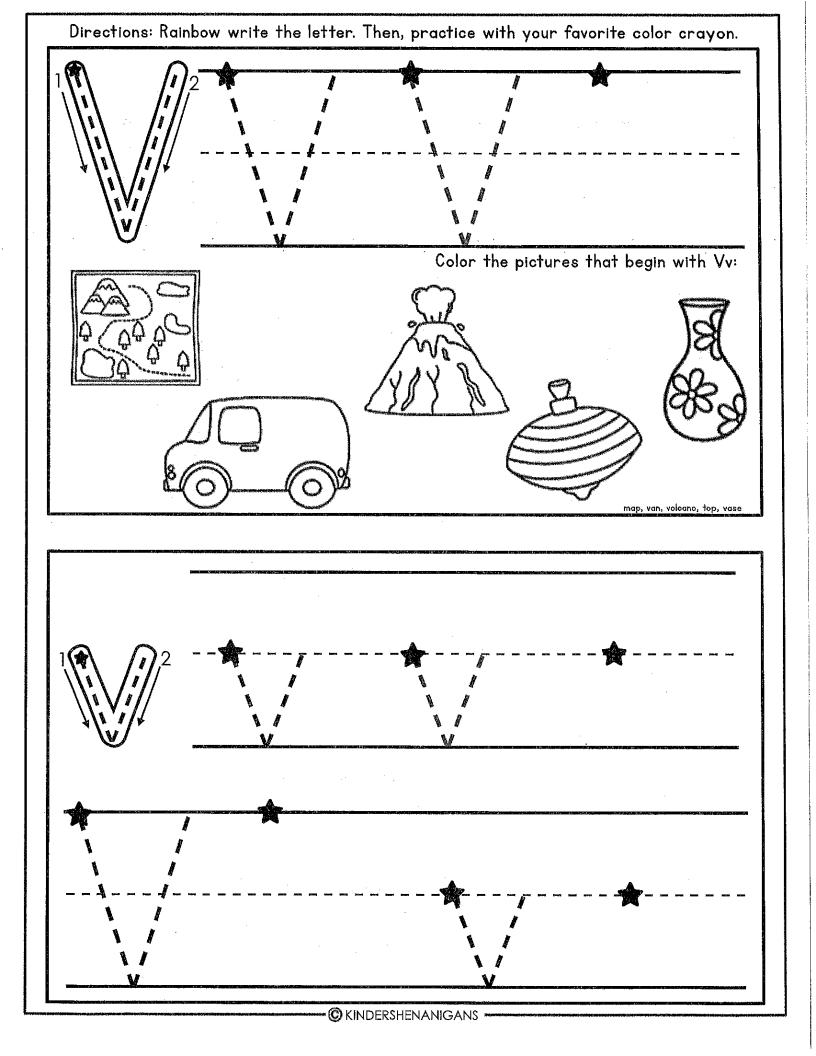


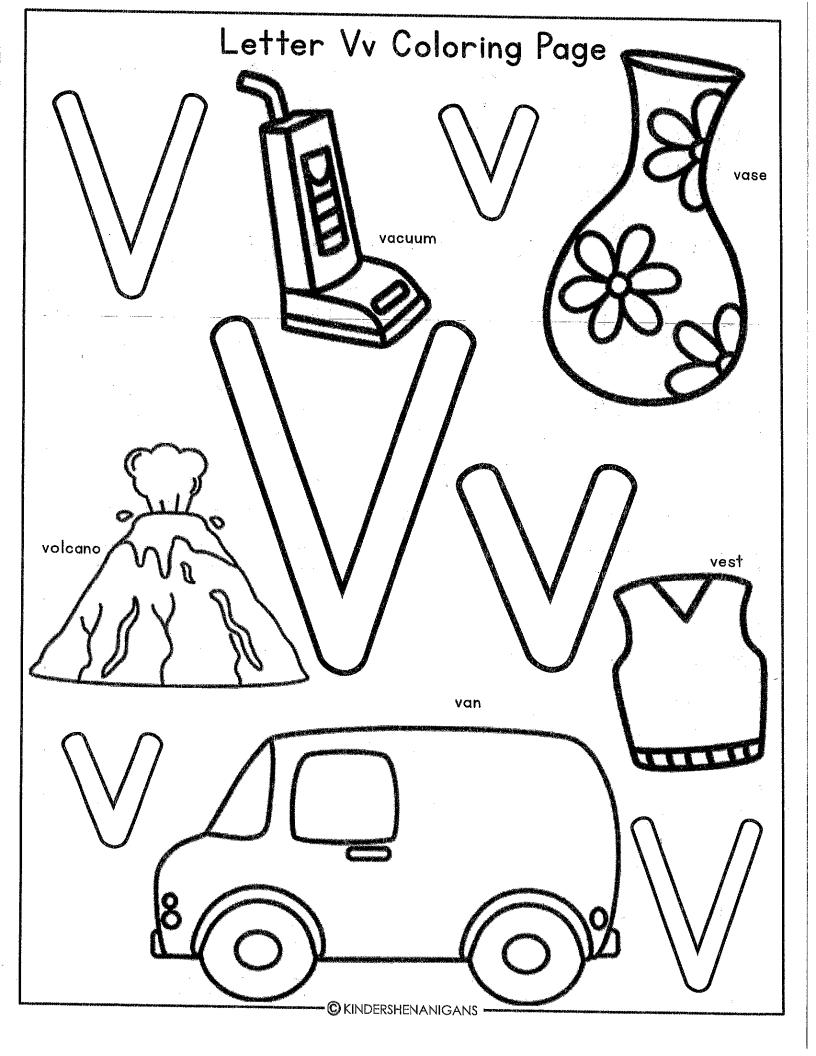


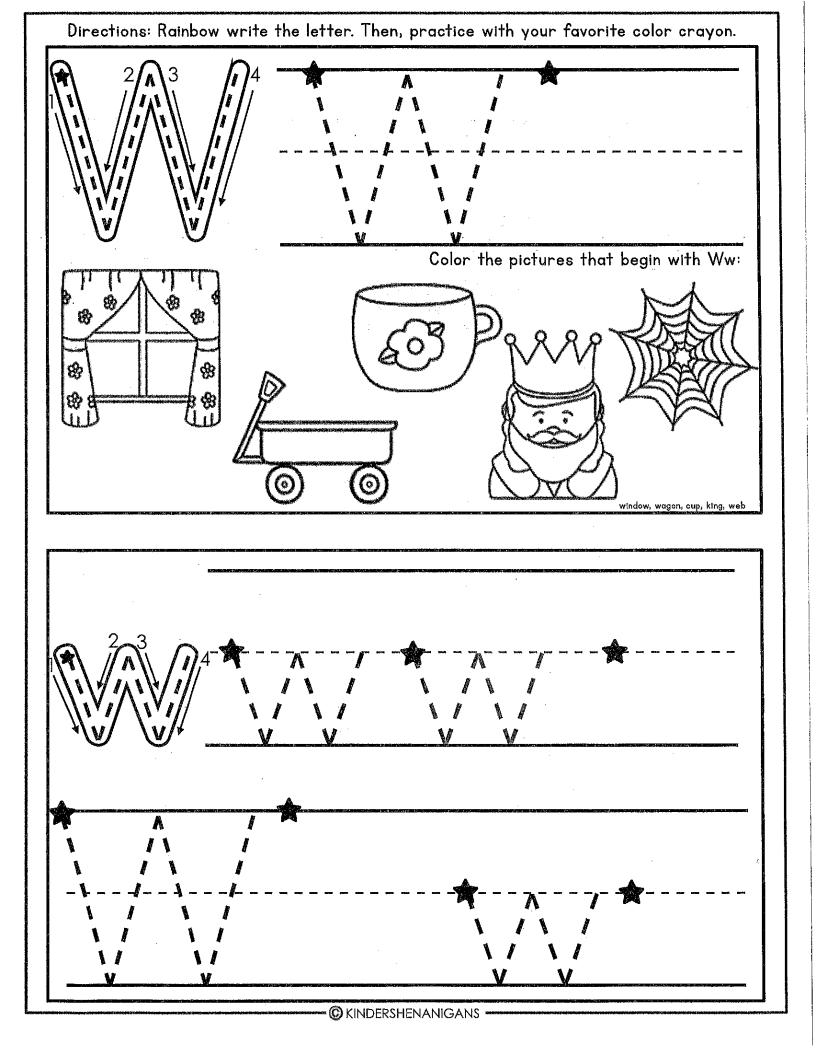


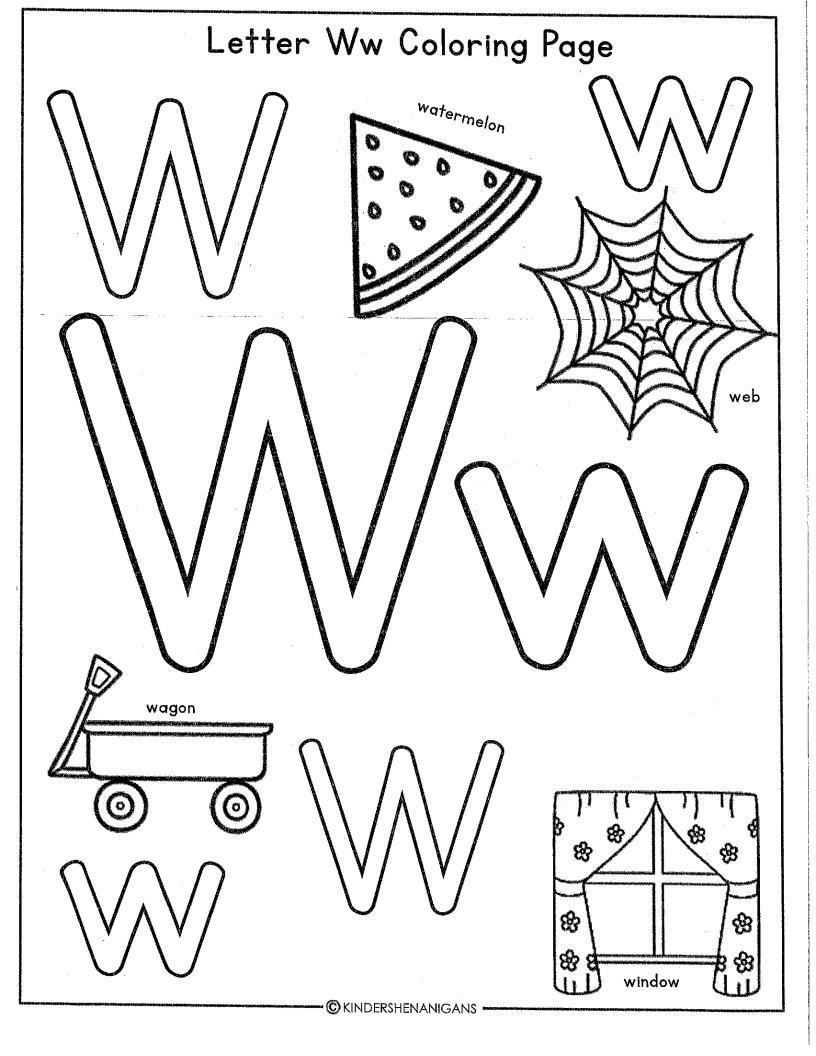


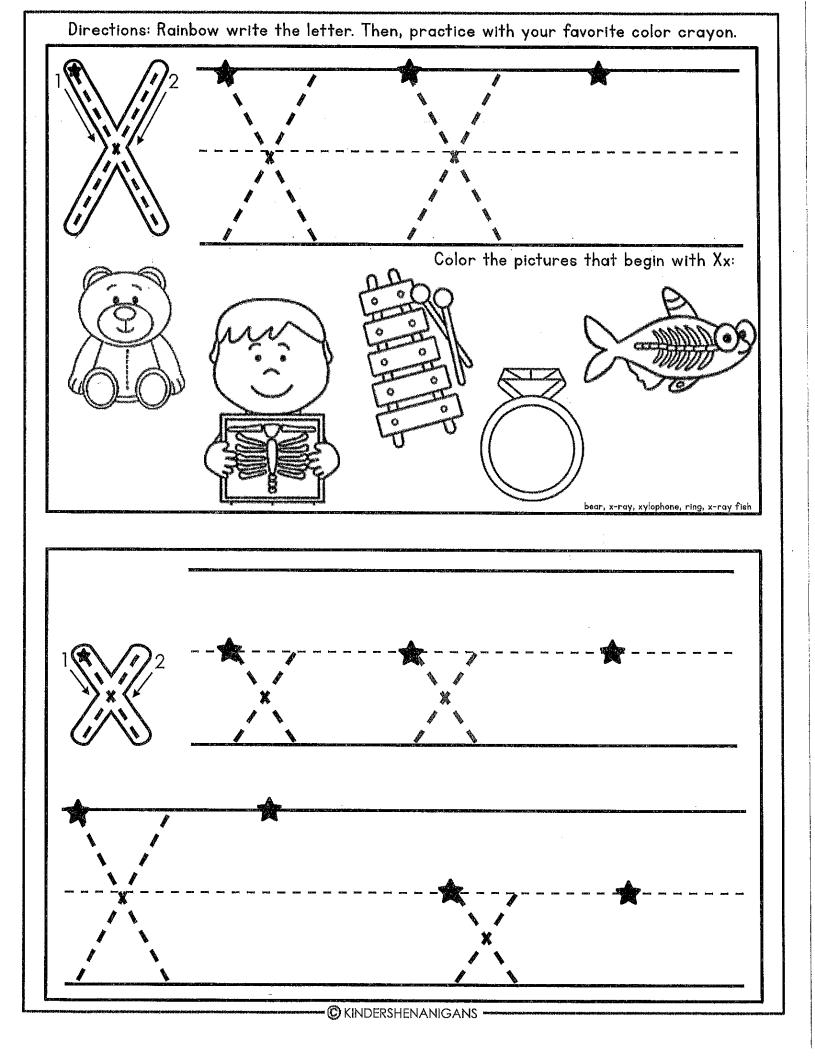


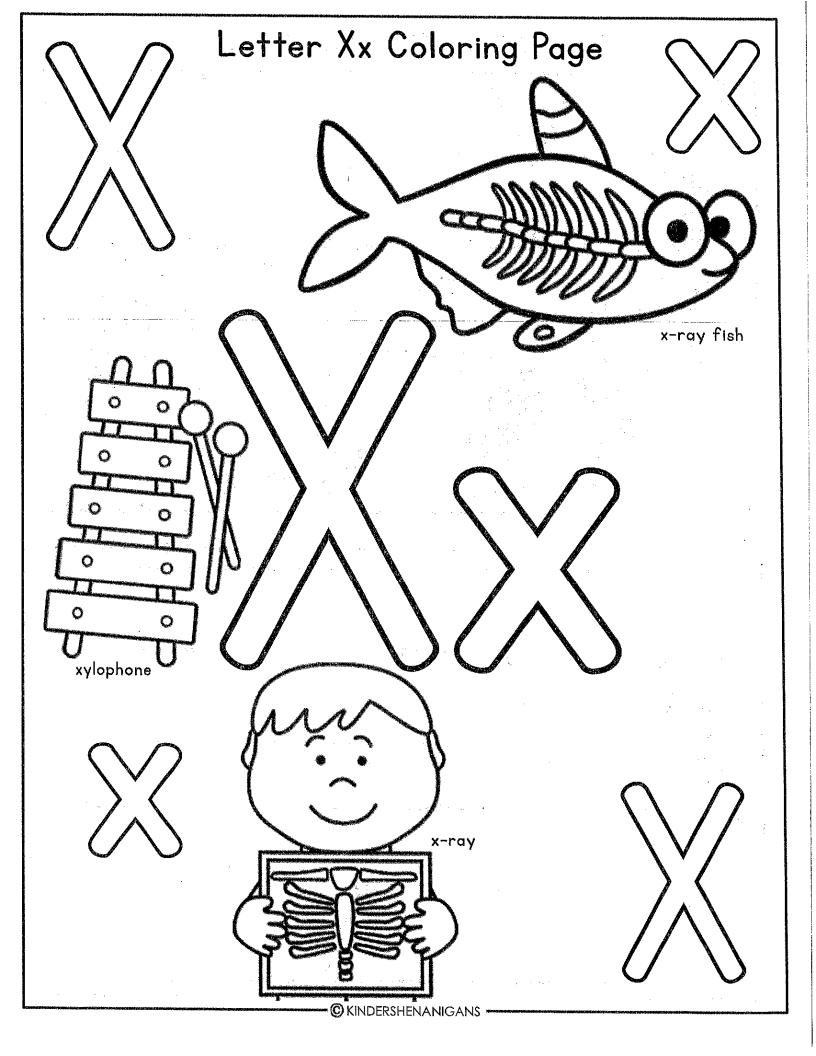


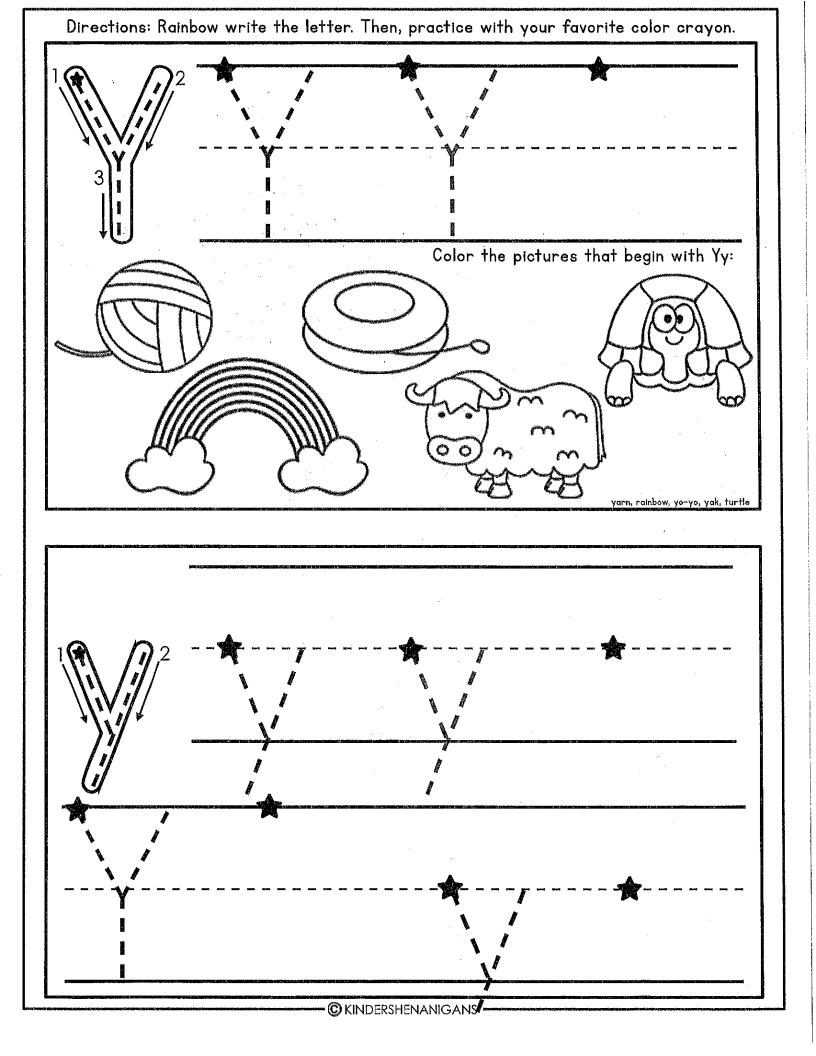


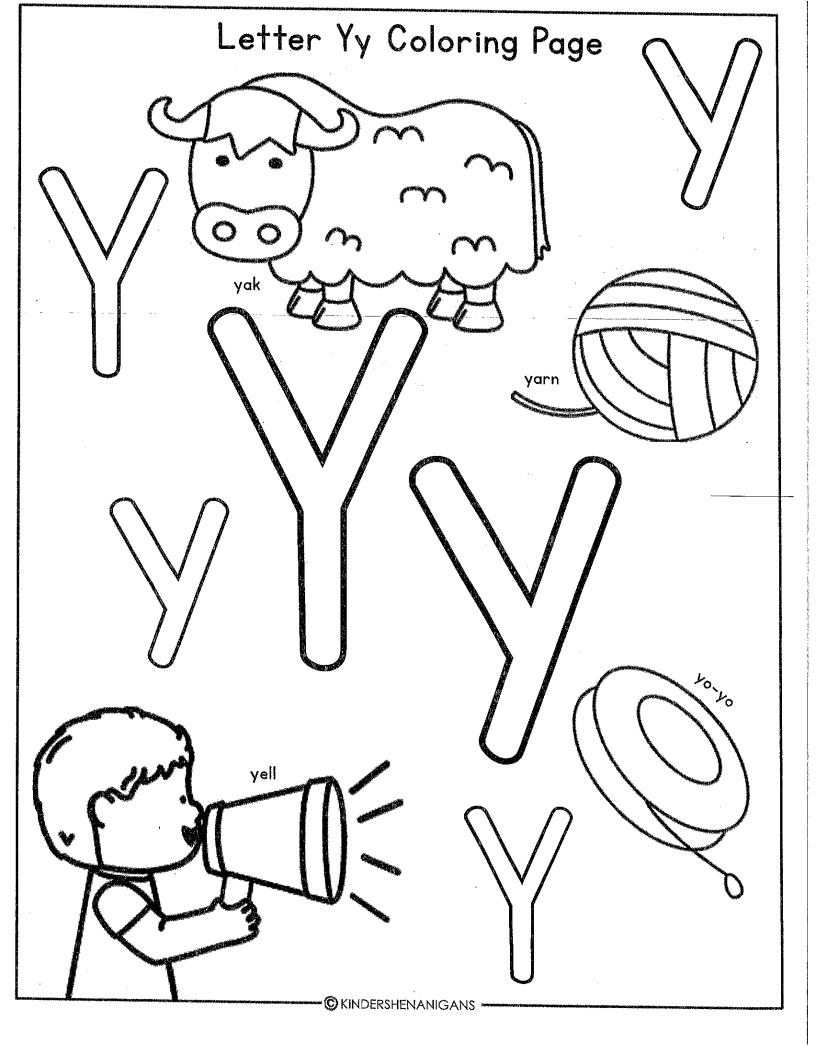


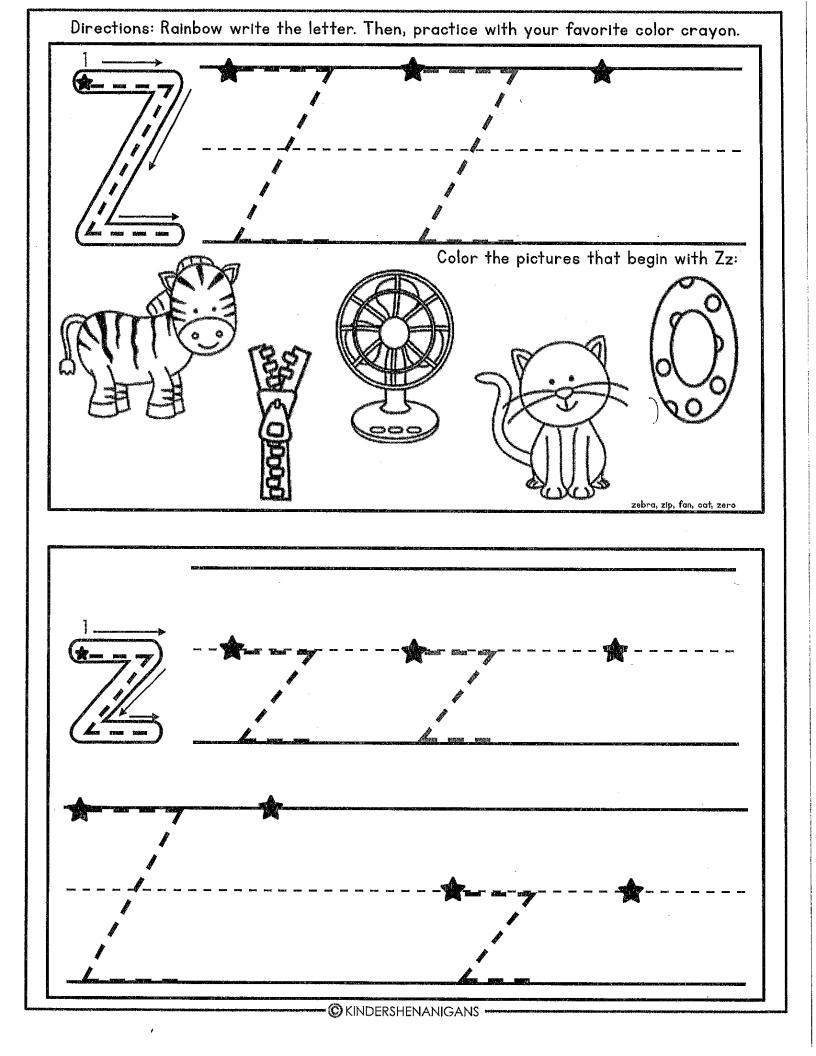


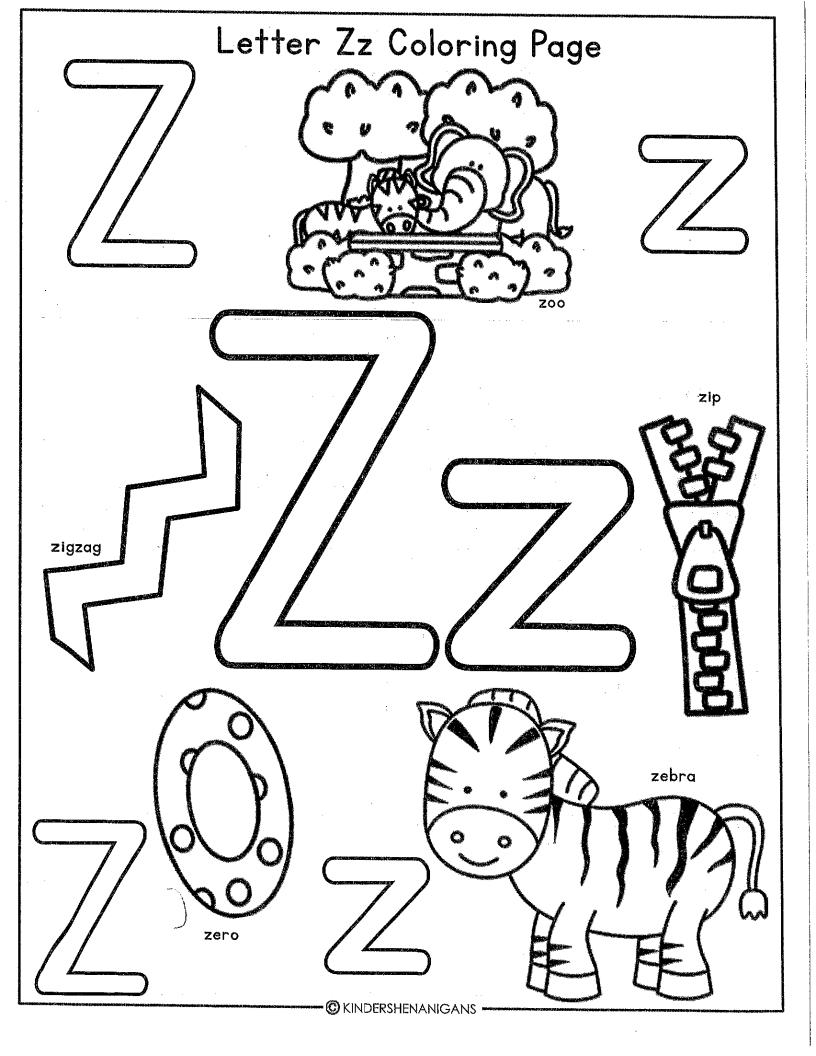




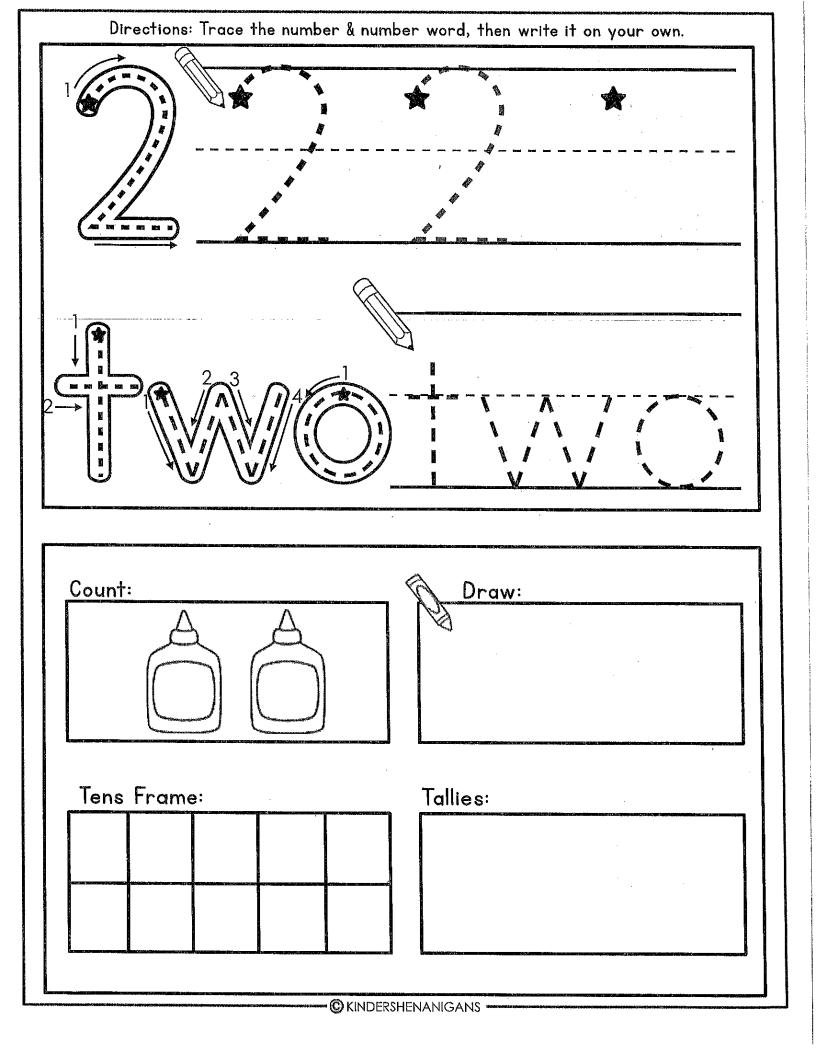


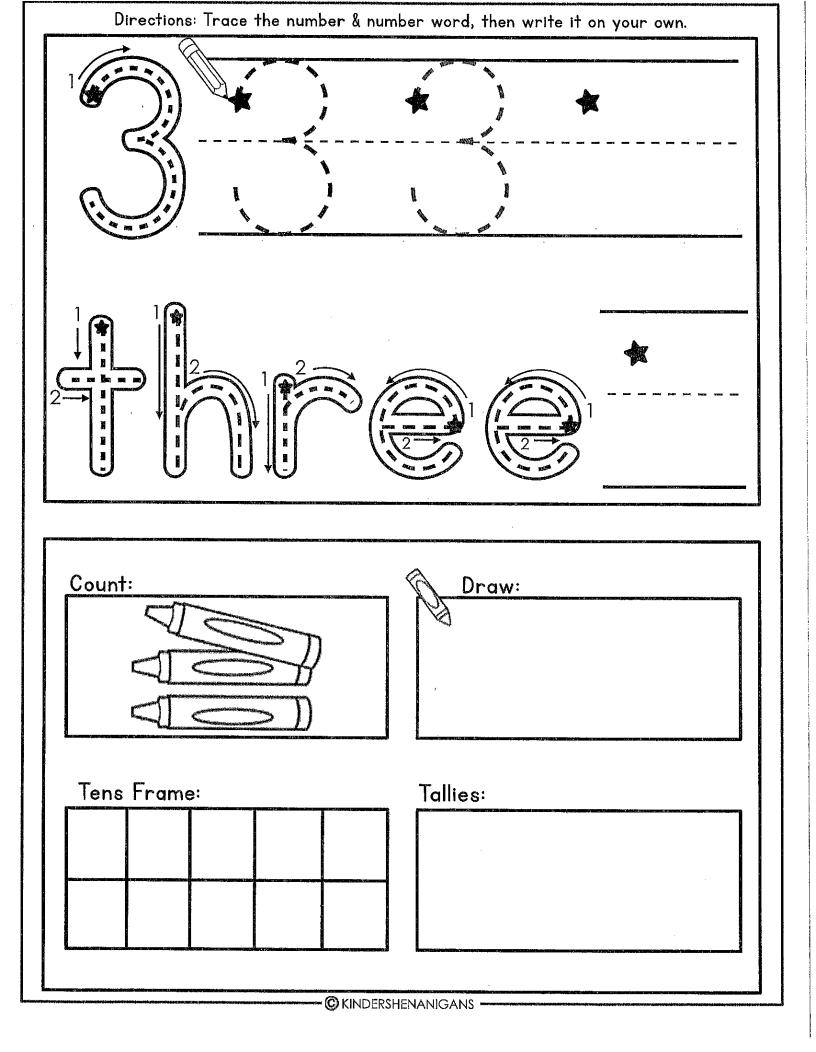


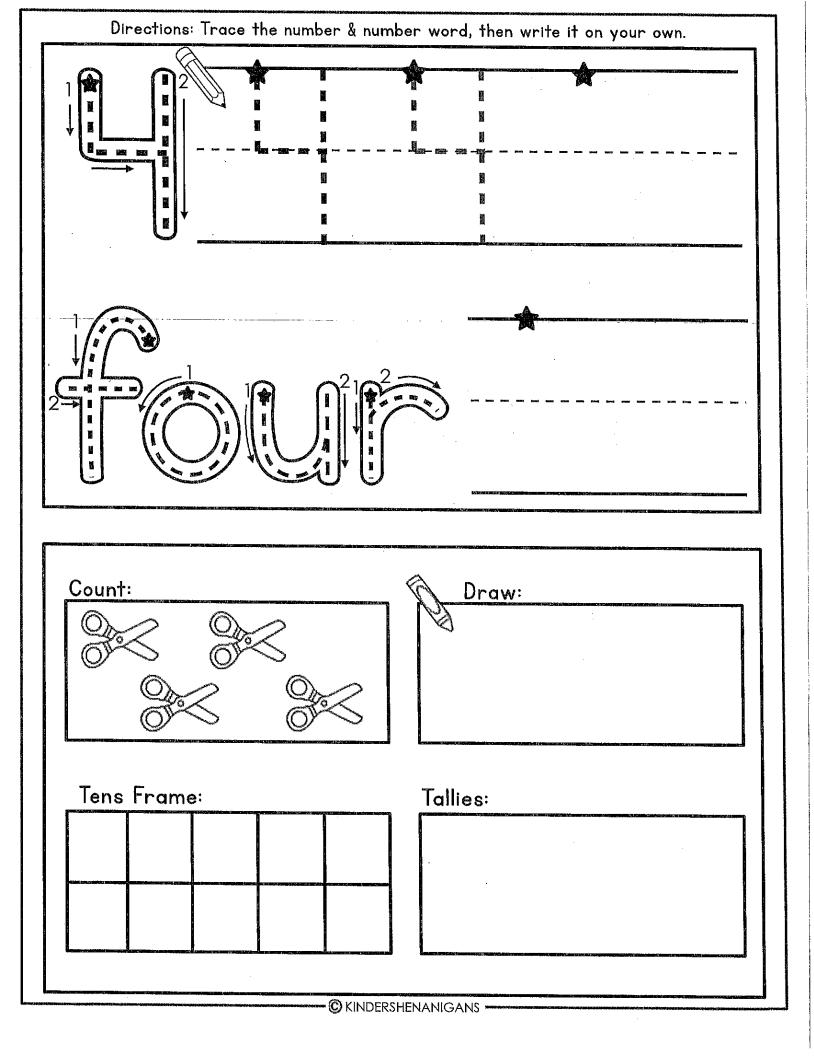


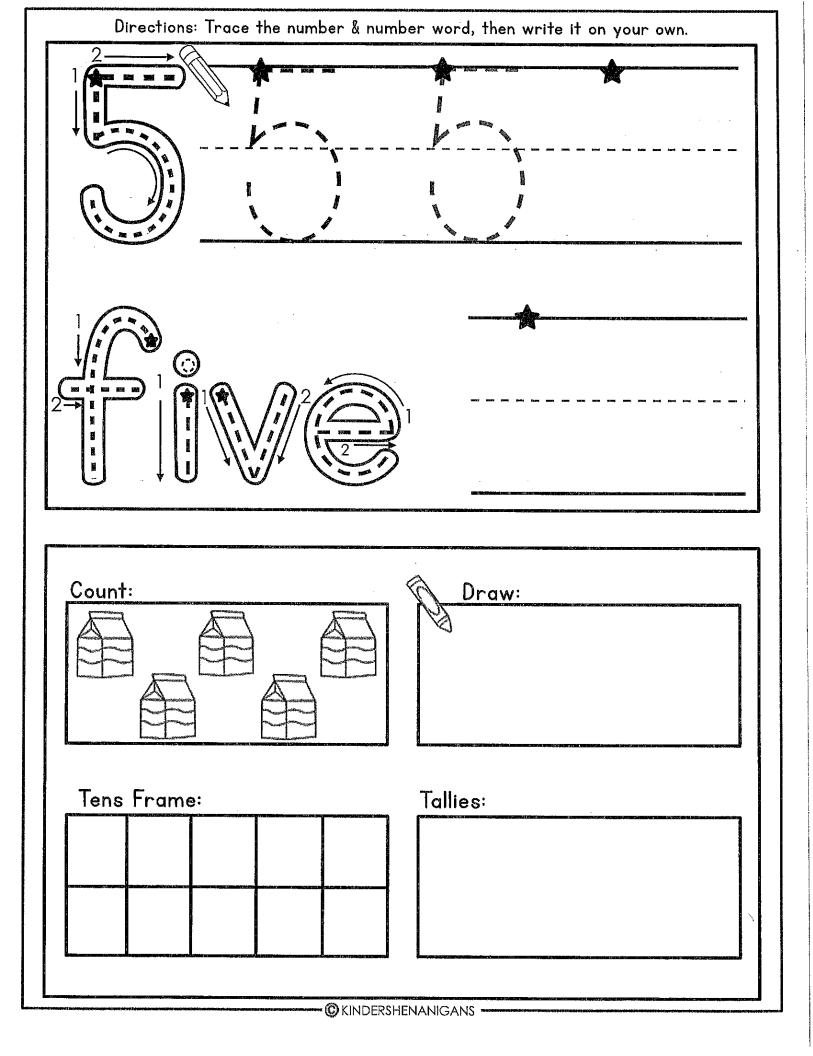


Directions: Trace the number & number	er word, then write it on your own.
Count:	Draw:
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	NANIGANS ****









Directions: Trace the number & numb	er word, then write it on your own.
Count:	Draw:
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© KINDERSHE	

Count:  Draw:  Tens Frame:  Tallies:	Directions: Trace the number & number word, then write it on your own.	
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